

## Curriculum Vitae

**Lucille Rachel Marchand, MD, BSN, FAAHPM**

**Dr. Stuart J. Farber MD and Annalu Farber Endowed Professor in Palliative Care Education**

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Department of Family Medicine  
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### **EDUCATION:**

1983-1987	Medical Degree University of California San Francisco, CA
1980-1982	Premedical Studies (no degree) University of California Berkeley, CA
1976-1978	B.S., Nursing, Cum Laude Creighton University Omaha, NE
1971-76	B.A. Sociology Brown University Providence, RI

### **RESIDENCY:**

1987-1990	University of Connecticut Department of Family Medicine Residency Program Hartford, CT
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### **FELLOWSHIP:**

1990-1991	Faculty Development Fellowship University of Connecticut Department of Family Medicine Hartford, CT
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Including: Clinical patient care, supervision of residents, organization of resident core curriculum, qualitative research (supervisors: William Miller, MD, MA and Ben Crabtree, PhD), faculty development, family systems/family therapy (supervisor: Jeri Hepworth, PhD), Coordinator of low literacy and multi-lingual patient education materials and services. Developed and coordinated residency education curriculum.

**Other Professional Training**

- 2019 Medically Assisted Treatment for Substance Abuse Disorder Training completed and certificate issued for buprenorphine/naloxone treatment DEA waiver.
- 2016-2017 Washington State Medical Society/ University of Washington Physician Leadership Course. Instructor: Dr Edward Walker, MD, MHA. Seattle, WA.
- 2016-2017 Licensed faculty for Vital Talk ® Program; graduated from VitalTalk Faculty Development Program. University of WA, Seattle. Licensed to teach Mastering Tough Conversations courses, and courses through VitalTalk®. [www.vitaltalk.org](http://www.vitaltalk.org). Course leader and founder: Dr Anthony Back, MD.
- 2015-2016 Certified Kundalini Yoga Teacher; 200 hours of training by KRI©, Guru Gayatri Yoga Studio, Seattle, WA
- 2014 Donald W Reynolds Geriatric Mini-Fellowship at David Geffen School of Medicine at UCLA, CA
- 2011-2012 Harvard Medical School Center for Palliative Care: Program in Palliative Care Education and Practice. Boston, MA.
- 2010 Completed the University of Wisconsin Medical Education Development and Leadership Program at the UW School of Medicine and Public Health. Taught me the skills to be a more effective teacher and leader.
- 2006 Capacitar (To Empower) train the trainer certificate program which teaches participants a wide range of practices for healing and transformation who then teach these practices to patients and health professionals. This program, offered through the Center to Be in Milwaukee, WI, is based on popular education model that is trans-cultural. Pat Cane, PhD, founder and instructor. Four 3 day in-person workshops and online/practicum at home health care site.
- 2006 Training as Cancer Guide ® James Gordon, MD. Snowmass, CO.
- 2003 Completed director training for offering the Healer's Art Medical Student Course at the University of WI. Training through Dr Rachel Remen's Institute for the Study of Health and Illness (ISHI) now renamed the Remen Institute for the Study of Health and Illness (RISHI). I directed this course at the University of WI Medical School for 11 years. Co-director of University of WA Healer's Art Course 2017 to present.
- 2002-2003 Completed Improving End of Life Care: National Residency Education Project CME Program (funded by Robert Wood Johnson Foundation and presented through the Medical College of Wisconsin). Included learning how to teach communication skills, pain and symptom management, faculty development, and end of life teaching skills for physician education (including medical student and residency education). Lead instructor: Dr David Weissman with multiple nationally recognized faculty. Lake Forest, IL.
- 2000 Completed training as a RISEN (Re-Investing Spirituality and Ethics in our Networks) Program faculty, to teach spirituality and ethics in the workplace with inter-professional retreats. I taught this program in Wisconsin hospitals for seven years.

**LICENSURE STATUS:**

2004-2020	NBME Diplomate, American Board of Hospice and Palliative Medicine Recertified in 2010
2002- in perpetuity	NBME Diplomate, American Board of Integrative Holistic Medicine
1990-2023	NBME Diplomate, American Board of Family Practice; new pilot 2019-2023
2014- May 2021	Washington Medical License
1991- October 2021	Wisconsin Medical License
1990	Vermont Medical License
1989-1992	Connecticut Medical License

**PROFESSIONAL ORGANIZATIONS:**

2018-present	Gold Humanism Honor Society (GHHS)
2018-present	American Medical Association
2017-present	Society for Bedside Medicine
2014-2019	Washington State Medical Society
2014-2019	Washington Academy of Family Practice
2017-present	Academy of Integrative Holistic Medicine
2007-2013	Society for Integrative Oncology
2018-present; 2006-2012	Academic Consortium for Integrative Medicine and Health; Oncology workgroup 2006-2012.
2001-2007	Wisconsin State Medical Society
1997-present	American Academy of Hospice and Palliative Medicine
1991-2014	Wisconsin Academy of Family Physicians
1989-present	Society of Teachers of Family Medicine
1987-present	American Academy of Family Physicians
1987-1991	Connecticut Academy of Family Physicians

**PROFESSIONAL EXPERIENCE:**

2018-present	<b>Executive Director, Osher Center for Integrative Medicine</b> , University of Washington, Department of Family Medicine, Seattle, WA. Part of the Osher Collaborative of Osher Centers for Integrative Medicine at UCSF, Harvard, Karolinska Institute in Sweden, Vanderbilt, Northwestern, and University of Miami.
2014-present	<b>Section Chief of Palliative Care</b> , University of Washington, Department of Family Medicine, Seattle, WA. <b>Director of Palliative Care Service, University of Washington Medical Center, Seattle, WA. (2014-2018)</b> <b>Professor of Family Medicine</b> <b>Stuart J. Farber, MD, and Annalu Farber Endowed Professor in Palliative Care Education</b> ; awarded Faculty Fellowship in 2015; <b>professorship in June 2017</b> Core faculty for UW Palliative Care Fellowship Program. Member and part of leadership team of UW Cambia Palliative Care Center of Excellence. Teacher of 4 <sup>th</sup> year UW Medical School Chronic Care Clerkship- section of Palliative Care. 2014-2018. Palliative Care faculty in new school of medicine curriculum 2016-present. <b>Department of Family Medicine Director and Faculty for Cambia/UW Graduate Palliative Care Training Program, Seattle, WA.</b> Physician champion and co-leader of Honoring Choices Northwest at UWMC: early adopter hospital training and development for advance care planning at UWMC, in State of WA, and in UW Medicine system. <b>Co-director and Faculty for University of WA Healer's Art Medical Student Elective Course.</b> Faculty for National Healer's Art Faculty Retreat and HA Director

Training at Wright State University and the Remen Institute for the Study of Health and Illness, Dayton, Ohio.

2004-2015

Editor, Art of Caring Column – Arts and Humanities in Palliative Medicine, In *American Academy of Hospice and Palliative Medicine Quarterly*. On editorial board of AAHPM Quarterly.

2000-2005

Medical Director, HospiceCare, Inc., Madison, WI (now called Agrace Hospice) Supervised a multi-disciplinary outpatient hospice team, palliative medicine consults, home visits. (under contract with University of Wisconsin Department of Family Medicine)

2000-2014

Program Faculty. RISEN Program: Re-investing in Spirituality and Ethics in our Networks. Spirituality in the workplace for health care professionals. St. Marys Hospital, Madison, WI

1991-2014

Professor (CHS), University of Wisconsin, Department of Family Medicine, Madison, Wisconsin.

**Professor Emerita awarded for distinguished service to University of Wisconsin in 2015.**

(January 2011-June 2014) Medical Director and Founder, Inpatient Palliative Care Consultation Service, St Mary's Hospital, Madison, WI. Included PC education for family medicine residents including seminars, MICU rotation, Family Medicine inpatient service rotation, Palliative Care rotation.

(2009-2011) Float position, UW Health Family Medicine Clinics.

(2006-2013) Clinical Director and Founder of the UW Integrative Oncology Services at the UW Paul Carbone Comprehensive Cancer Center. Included integrative oncology consults for the UWCCC Medical Oncology Clinic and the UW Health Oncology Clinic at 1 S. Park St. in Madison (2007-2009). Pediatric oncology patients and families were also seen at the UW American Family Children's Hospital Specialty Clinic. Position included program development and education.

(2008-2009) Associate Medical Director and Program Founder, Integrative Oncology, Regional Cancer Center, Waukesha Memorial Hospital, Waukesha, WI and ProHealth. (40% contracted position through UW Health) Integrative medicine consults, planning for integrative oncology center, integrative medicine teaching of staff and clinicians. Created a "Healing Kit" for new oncology patients, and this later adopted to give to all patients admitted to Waukesha Hospital.

(1996-97) Co-Director, UW Health Belleville Family Medicine Clinic

(2000-03) Director, UW Health Belleville Family Medicine Clinic.

(1991-2005) Rural integrative family medicine practice of adults and children. UW Health Belleville Family Medicine Clinic

(2003-2005) UW Health Integrative Medicine Clinic consultant.

(1991-2014) Research; supervision and teaching of residents and medical students; teaching at the University of WI School of Medicine and Public Health and UW Department of Family Medicine Residency Program. Faculty, medical student and resident mentor

(1994-2000) Coordinator of pediatric residency curriculum

(1993-2011) Associate coordinator of behavioral science curriculum

(1995-2014) Coordinator of family medicine residency palliative medicine curriculum.

(2001-2005) Doctor-patient communication course director in

third year primary care clerkship for medical students.  
(1998-2011) Integrative medicine research group.  
**(2003-2014) Course director of the medical student elective “The Healer’s Art.”**

- 1981-1985 Staff Nurse in Emergency Department. Samuel Merritt Hospital, (now Summit Medical Center), Oakland, CA
- 1978-1981 Staff Nurse in CCU and Telemetry Unit, Samuel Merritt Hospital, Oakland, CA
- 1976-1978 Nursing Assistant, Clarkson Memorial Hospital, Omaha, NE
- 1975-1976 Research Assistant for Dr. Lois Monteiro, Brown University, Providence, RI. Research on the history of nursing and on women and labor at the turn of the twentieth century. Historical research on the writings of Florence Nightingale, Lillian Wald and Jane Adams, all nursing leaders.
- 1975-1976 Nursing Assistant, Brown University Health Services, Providence, RI
- 1975 Interviewer, Rhode Island Health Science Education Council, Cranston, RI  
Rhode Island Nurse Practitioner Utilization Study
- 1974-1975 Nursing Assistant, Fogarty Memorial Hospital, North Smithfield, RI
- 1973-1974 Clinic Assistant and Clinic Coordinator, UCLA Hospital Outpatient Surgery/Oncology Clinic, Westwood, CA. Taught and coordinated medical student volunteers.
- 1973 Clinic Assistant, West Coast Medical Group Acupuncture Clinic, Beverly Hills, CA
- 1972 Clinic Assistant and Health Educator, Planned Parenthood of Rhode Island, Providence, RI

**SERVICE:**

- 2019-2021 American Academy Hospice Palliative Medicine Awards Committee. (invited)
- 2019-present Breast Cancer Patient Experience Research Advisory Board Member, Center for Patient Partnerships, University of Wisconsin Law School and University of Wisconsin Department of Family Medicine and Community Health, PI Rachel Grob, PhD. [Healthexperienceusa.org](http://Healthexperienceusa.org) (invited)
- 2017-present WA Rural Health Palliative Care Initiative of the WA Department of Health to provide palliative care consultations and education to rural clinicians via UWNW Telehealth. Volunteer position for Palliative Care- Rural Health Integration Advisory Team (PC-RHIAT). Interdisciplinary and multidisciplinary, with representation of expertise from many health systems. Project executive: Pat Justis at WADOH. Pilot initiative of PC consultation with rural health systems and clinicians every 2 weeks July 2018-December 2019. Ongoing project. I participated in planning for consultations, and also participated in 5 consultations. 2019-2020 Ongoing participation as consultant.

2017-present	UWDFM Promotions Task Force, Seattle, WA
2015-present	Palliative Care educational program in Can Tho, Vietnam. Interdisciplinary team of clinicians from University of WA. Planning and strategizing for PC educational programs. Recruitment of faculty.
2015-present	UWMC Integrative Health Committee, Seattle, WA
2015-2017	Post-Acute Care Committee, UW Medicine Palliative Care, Seattle, WA.
2015-2018	UWMC Medical Quality Improvement Committee, Seattle, WA
2015-2018	UWMC Medical Staff Administrative Committee, Seattle, WA
2014-2018	UW Cambia Palliative Care Center of Excellence, Seattle, WA. Member, C-PCCE Leadership Committee, Palliative Care Clinical Strategic Planning Committee, The Joint Commission Advanced Certification workgroup for UW Medicine; PC website development committee, Metrics Committee.
2015-2016	UWMC physician champion for Honoring Choices Advance Care Planning Initiative. UWMC chosen as early adopter hospital in WA state.
2014-2019	UWMC Advance Directives Committee and Workgroup, Seattle, WA
2014-2018	UWMC Reducing Readmissions Oversight Committee, Seattle, WA
2014-present	Ethics Advisory Committee, University of WA Medicine, Seattle, WA.
2014-present	UW DFM Chair's Advisory Committee, Seattle, WA
2012-present	Physicians for Social Responsibility. WA Chapter.
2011-present	American Academy of Hospice and Palliative Care Medicine Special Interest Group on Integrative Medicine in Palliative Care.
2010-2013	Art at the Threshold. Madison based community consortium presenting theater, art venues, etc to the community to promote the arts in transformation and healing. Non-profit organization, Madison, WI. Founding member.
2007-2014	Affiliate member of University of Wisconsin-Madison Center for Global Health
2007-2013	The Consortium of Academic Health Centers for Integrative Medicine: Cancer Work Group.
2007-present	Society of Teachers of Family Medicine. Group on Family in Family Medicine.
2007-2013	Research Member, University of WI Paul P Carbone Comprehensive Cancer Center, Madison WI.
2006-2013	Partners in Congregational Nursing: Meriter Hospital, St Marys Hospital, and Faith Communities in Madison area. Parish nurses. Advisory board member. Madison, WI.
2006-2009	Promotions Committee (CHS) for the University of WI School of Medicine and Public Health, Madison.

2005-present	Founding member and member of advisory group for <i>Pulse</i> , an electronic literary journal for the arts and narrative in medicine.
2006-2013	Nutrition Committee. University of WI Hospital and Clinics. Madison.
2006-2011	Committee on Health and Healing. University of WI Hospital and Clinics. Madison.
2004-2008	Society of Teachers of Family Medicine Communications Committee which reviews all monographs published by STFM, oversees the publication of the STFM journal <i>Family Medicine</i> , and reviews all books offered in the STFM bookstore. Sub-committee for development and revision of STFM website.
2004-present	American Academy of Hospice and Palliative Care Medicine Special Interest Group on the Arts and Humanities. <b>(2004-2006) Chairperson. Chair elect 2014, chair 2015, past chair 2016.</b>
2004-present	American Academy of Hospice and Palliative Care Medicine Special Interest Group on Ethics
2004-2006	Wisconsin Academy of Family Practice Foundation Board of Directors
2003-present	Society of Teachers of Family Medicine. Group on Integrative Medicine
2003-present	Society of Teachers of Family Medicine. Group Pain and Palliative Care. Now currently called Group on Geriatrics and Palliative Care. <b>Co-chair 2015-2016.</b>
2003-2006	Ethics and Judicial Affairs Committee, Wisconsin Medical Society
2003-2014 2014-2019	Founding member and director of Meaning in Medicine physician group, Madison, WI. A values and meaning study group for physicians, developed by Rachel Remen, MD, at ISHI, Bolinas, CA. Continued involvement in this group at UW Medicine in Seattle, WA
2002-2013	The Collaborative on Health and Environment, Bolinas, CA. Learning and Developmental Disabilities Work Group; national group. Founder and Director Michael Lerner, PhD.
2002-2014	Founding Program Committee member to create a Gilda's Club in Madison, WI. A cancer community support and education center. Medical Advisory Committee.
2001-present	Society of Teachers of Family Medicine. Group on Humanities and Ethics; <b>(2002-2005) Co-chair with Johanna Shapiro, PhD.,</b>
2000-2001	Competency-Based Curricula and Implications for Student Assessment Curriculum Subcommittee, University of Wisconsin Medical School, Madison, WI.
1999-present	Society of Teachers of Family Medicine, Group on Spirituality. (2006-present) Special Task Force on Family Medicine Residency Training Competencies in Spirituality. <b>Co chair from 2009-2011</b>
1999-2000	Spirit in Health Forum, community spiritual group in Madison, WI.
1998-2006	Complementary and Alternative Medicine Research Group, UW-DFM.

1998-2001	Therapeutics Committee, <b>Chair</b> , UW, Department of Family Medicine
1998-2014	Promotions Committee, UW Department of Family Medicine
1997-2000	Pediatric Curriculum Committee, <b>Chair</b> , UW Department of Family Medicine
1997-2005	End of Life Issues Task Force, UW Hospital and Clinics, Madison, WI (prior to creating UWMC Palliative Care Service)
1997-2013	Society of Teacher's of Family Medicine: Women in Family Medicine Network
1996-1997; 2000-2003	Madison Campus Committee, UW Department of Family Medicine
1996-2005	Bio-Ethics Committee, St. Marys Hospital, Madison, WI
1996-1997; 2000-2003	Center Management Committee, Chair, UW Department of Family Medicine
1996-1997	Part time Faculty Committee, <b>Chair</b> , UW Department of Family Medicine
1996-1998	University of Wisconsin Gender and Race Appeals Committee, Madison
1996-2001	Behavioral Science Committee, UW Department of Family Medicine
1995-2000	Family Practice Seminar Planning Committee, UW Department of Family Medicine
1995-2005	Doctor-patient Communication Work Group (Medical School), <b>Chair</b>
1995-1997	Call Task Force, UW Department of Family Medicine
1994-1996	<b>Qualitative Research Working Group (chair)</b> , UW Department of Family Medicine
1994-2005	Geriatric Working Group, UW Department of Family Medicine
1994-2003	Education Committee, UW Department of Family Medicine
1992-1998	Research Advisory Council, UW Department of Family Medicine
1992-1995	Medical Records Committee, UW Department of Family Medicine
1991-1992	Patient Education Work Group, UW Department of Family Medicine
1989-1990	Curriculum Committee (alternate), University of Connecticut, Department of Family Medicine
1988-1990	Committee on Graduate Medical Education, St. Francis Hospital, Hartford, Connecticut
1987-1990	Patient Education Committee, University of Connecticut, Department of Family Medicine
1987-1990	Resident's Association (chairperson), University of Connecticut, Department of Family Medicine



**REVIEWER:** for several peer reviewed journals – available upon request

**HONORS, AWARDS AND GRANTS:**

- 2018 Selected to deliver the 8<sup>th</sup> Annual James McClellan Lecture, Whitman College, Walla, Walla, WA, October 13, 2018. “Humanities and Humanity: How May Palliative Care Draw Them Together?” From Website: “We will seek annually a speaker who is a clinician deeply respected for attention to human or humane values in the practice of his or her craft, to present an address on the theme of humanity in clinical care.”  
[www.mcclellanlecture.org](http://www.mcclellanlecture.org)
- 2018 Executive Director of the Osher Center for Integrative Medicine at the University of Washington Department of Family Medicine, Seattle. PI. \$5 million endowment from the Osher Foundation, with additional \$500,000 operations grant. Awarded February 2018.
- 2018 Awarded the Society of Teachers of Family Medicine Gold Humanism Award at national STFM conference on May 7, 2018, in Washington, DC. “This award honors your extensive work in humanistic care and teaching. You have dedicated your career to weaving narrative medicine, spirituality, humanism, clinician well-being, integrative medicine and palliative care deeply into academic family medicine. Widely regarded as an exemplary family physician and palliative care physician, a dedicated teacher, and an outstanding researcher, you are and have been an inspiration to so many students, residents, faculty, and clinicians.” Inducted into the Gold Humanism Honor Society.
- 2017-2019 R44 CA210723 Integrative Approaches in Palliative Care: Provider-Driven Online Continuing Education (Phase I & II fast-track) \$1,724,361. National Cancer Institute. Co-PI Leila Kozak, PhD and William Collinge, PhD. Consultant in Phase 2 for Expertise in mind- body/contemplative approaches to clinician wellbeing and integrative patient care. (\$1300 in 2019)
- 2017 Awarded the Stuart J. Farber, MD, and Annalu Farber Endowed Professorship in Palliative Care Education in the Department of Family Medicine, University of Washington Medical School, Seattle, WA.
- 2017 American Academy of Hospice and Palliative Medicine Humanities Award in recognition for outstanding contributions in the integration of the humanities into palliative care.
- 2015 Awarded the Stuart J. Farber, MD, and Annalu Farber Endowed Faculty Fellowship in Palliative Care Education in the Department of Family Medicine, University of Washington Medical School, Seattle, WA.
- 2015 Professor Emerita status awarded for distinguished service, University of Wisconsin, Madison. 23 years of service.
- 2014 Awarded fellow status in the American Academy of Hospice and Palliative Care for national recognition of palliative care professional excellence.

- 2014 Invited keynote speaker at first Gold Humanism Conference, Madison, WI March 1, 2014. Recognition of a faculty who exemplifies humanism in medicine.
- 2013 Clinical Teacher Award. In appreciation of dedication and service to residency education. University of WI Family Medicine Residency Program. Madison, WI. Vote of residents.
- 2013 Highest patient satisfaction recognition for Palliative Care Service, St Mary's Hospital. Madison, WI.
- 2012 Quality Award, SSM Health Care Wisconsin, for St Mary's Hospital Inpatient Palliative Care Consultation Service, December 7, 2012
- 2012 John J Frey, MD Writing Award. University of WI. Department of Family Medicine. Award for poem "Be Not Afraid".
- 2010 John J Frey, MD Writing Award. University of WI. Department of Family Medicine. Award for poem "The Journey".
- 2008 Online Narrative Interventions and Family Support for Advanced Cancer Patients. R21 National Cancer Institute (Wise PI, and Cleary, Marchand and Roberts co-Investigators) \$250,000. Funding begins: February 1, 2009. (5% salary support first year, 8% second year of funding.)
- 2008 Wisconsin Academy of Family Physicians Foundation (and AAFP) Grant to fund the "Healer's Art" Medical Student Elective at University of WI School of Medicine and Public Health. \$2000. Course director.
- 2007 "Body Worlds" essay chosen for third place in Society of Teacher's of Family Medicine Annual Prose and Poetry Contest.
- 2006-2007 Wisconsin Academy of Family Physicians Foundation (and AAFP) Grant to fund the "Healer's Art" Medical Student Elective at University of WI School of Medicine and Public Health. \$5000. Course director. Also received funding to create Healer's Art Course at Medical College of WI. Worked with Arthur Derse, MD, JD, to establish the course at MCW in an advising role.
- 2006 Madison Magazine's "Top Doctors" list: Palliative Medicine. Vote by physicians in Madison, WI community.
- 2005 University of WI Comprehensive Cancer Center Aging and Cancer Grant. "Online Narrative Interventions for Aging Cancer Patients". One year grant. \$74,975. Co-investigator. 20% FTE salary support. PI Meg Wise, PhD.
- 2004 National Cancer Institute for "Technology Enhancing Cancer Communication." University of WI Center of Excellence in Cancer Communication Research. 5 year, \$10 million grant. \$25,000 pilot study on "Identifying, Enhancing, and Applying Psychosocial and Spiritual Assets in Advanced Lung Cancer. PI of pilot study, Meg Wise, PhD. Co-investigator.
- 2003 Southwest Wisconsin Health Education Center Grant for medical student elective "The Healer's Art" as described below. Will include my training expenses for course director. \$4500. Course director.
- 2003 Institute for the Study of Illness and Health, Bolinas, CA. Initiation Award for the Healer's Art Medical Student Elective Course at the University of Wisconsin Medical School which will be offered beginning in the fall of 2003. Course

developed by Rachel Naomi Remen, MD, at the University of California Medical School, San Francisco, CA. \$1000. Course director.

- 2003 National Center for Complementary and Alternative Medicine at the National Institutes of Health, this 4-year research project, the PEP trial (Physician Echinacea Placebo) will test the effects of echinacea, placebo and patient-physician interactions on the length and severity of the common cold. Co-Investigator. PI: Bruce Barrett, MD, PhD. \$1,252,980. 10% FTE salary support for three years. Dates of study: 4/03-6/08.1-R01-AT-1428-01.
- 2002 University of Wisconsin Department of Family Medicine grant for qualitative study. "Assessment of a Community Wide Advance Care Planning Campaign." Medical student research assistants. \$1570. PI.
- 2001 Southwest Wisconsin Area Health Education Center Grant for medical student elective course. "Increasing Observational and Listening Skills for First Year Medical Students." Course director. \$500.
- 2000 Southwest Wisconsin Area Health Education Center Grant for medical student elective course. "Increasing Observational and Listening Skills for First Year Medical Students." Course director. \$675.
- 1999 Wisconsin Institute of Family Medicine Research Stimulation Grant for quantitative research using survey methods on "Assessment of Dane County Clinician Pap Smear Collection Techniques and the Effect on Inflammatory Pap Results." Included training of medical student in research methods. \$1544. PI.
- 1998 Wisconsin Institute of Family Medicine Research Stimulation grant for quantitative, office-based research on "Evaluation of a Simple Intervention in Reducing Inflammatory Pap Smears." Involved training of pre-med student in research methods. PI. \$1000. Pilot study for feasibility of larger study.
- 1997 State of Wisconsin, Department of Health Initiative to promote organ donation in Wisconsin. Grant support \$55,000. 10% FTE salary support. Part of multi-disciplinary team from UW-Madison. My piece was to develop an interview guide and conduct pilot interviews to test the guide with hospital administrators, doctors and nurses. Final report completed and submitted to State of Wisconsin.
- 1997 Selected participant. Association of American Medical Colleges Professional Development Seminar for Junior Women Faculty, Kansas City, MO, November 22-25, 1997. Funding through the UW Medical School Dean's Office and the Department of Family Medicine.
- 1997 University of Wisconsin, Department of Family Medicine: Departmental grant for qualitative, office based research on: Factors Influencing Patients' Completion of Advance Directives". \$500. PI. Included training of medical student in qualitative research methods.
- 1997 Medical College of Wisconsin. Department of Family Medicine: Consultant and collaborator. Qualitative research on "Insights into Patients Perceptions. Decision Making and Communication with their Physicians about the Use of Dietary Supplements." Included training of medical student and faculty in qualitative research methods.
- 1996 University of Wisconsin, Department of Family Medicine: Departmental grant

- for research on family conferences using qualitative methods. "Family Practice Faculty Attitudes Toward Family Conferences" \$1833. PI. Included training of student in qualitative interview methods.
- 1993 University of Wisconsin, Department of Family Medicine: Departmental grant for research on family conferences using qualitative methods. "Family Practice Residents' Attitudes Towards the Family Conference." \$1365. PI.
- 1990 American Academy of Family Physicians: Foundation grant for research on infant feeding practices using qualitative methods. \$1595. PI.
- 1989 American Academy of Family Physicians: Grant award to 11<sup>th</sup> Annual Conference on Patient Education.
- 1989 Burroughs Wellcome Resident Scholar to American Academy of Family Physicians Assembly and Convention, September 1989.
- 1989 Mead Johnson Award for Graduate Education in Family Practice (alternate).

### **PUBLICATIONS:**

Bender M, Kummert C, Buck L, Schlenker K, Meagher A, **Marchand L**. Narrative Quilting. *J Palliat Med*. Accepted for publication 8-21-2019.

Al Achkar M, **Marchand L**, Thompson M, Chow L, Revere D, Baldwin LM. Uncharted Territory: the unmet needs of patients with advanced lung cancer on targeted therapies. *BMJ*. Submitted for publication 2019 and under review.

Adler S, **Marchand L**, Heap N. Integrative Palliative Care: Enhancing the Natural Synergy between Integrative Health and Palliative Medicine. Editorial. *J Alternative and Complementary Medicine*. Volume 25, Number 3, 2019, pp. 257–259.

Ingram CJ., **Marchand L**, Wild, E. Building resilience: an innovative reflective writing method for clinical palliative care -- the 55 word story. *International Journal of Whole Person Care*. 2018; 5(1). Epub 2018. (abstract)

Wise M, **Marchand L**, Roberts L, Chih M-Y. Suffering in advanced cancer: A randomized control trial of an online narrative intervention. *J Palliat Med*. 2018 Feb;21(2):200-207. doi: 10.1089/jpm.2017.0007. PMID: 29135330 Epublication: November 2017

Marks A, **Marchand L**. Near Death Awareness: fast fact and concepts #118 updated. Fast Facts: Palliative Care Network of Wisconsin. Revised: October, 2015. Originally written by Marchand L in August 2004, revised in April 2009.

**Marchand L**. (invited commentary) Shared Presence: the heart of the therapeutic relationship. *Families, Systems and Health*. 2015. *FSH-2015-1372 (zv4-2571)*

**Marchand L**. Integrative and complementary therapies for patients with advanced cancer. *Annals of Palliative Medicine*. 2014; 3(3): 160-171. Online and text. <http://www.amepc.org/apm/article/view/4127/5060>. ISSN 2224-5820.

Rosenzweig S, **Marchand L**. Brief Meditation Practices for Caregivers and Patients: an informational and experiential introduction to mindfulness and compassion practice. *J Pain and Symptom Management*. 2014; 47(2): 431-432.

**Marchand L**, Gasper A, Go L, Schaefer E, Beasley J. More 55-Word Stories: Noticing, reflecting, healing. *American Academy of Hospice and Palliative Medicine Quarterly*. 2014; Summer (15): 14-15.

**Marchand L**, Fleming E, Mastrocola J, Gasper A, Marty E. Noticing, Reflecting, Healing: 55 word stories. *American*

*Academy of Hospice and Palliative Medicine Quarterly*.2014; Spring (15): 7.

Wise M, **Marchand L**. Living Fully in the Shadow of Mortal Time: Psychosocial Assets in Advanced Cancer. *Journal of Palliative Care*. Summer 2013; 29(2): 76-82.

**Marchand, L**. The Gift. (essay) *American Academy of Hospice and Palliative Medicine Quarterly*.Fall. 2011.

Barrett B, Brown R, Rakel D, Rabago D, **Marchand L**, Scheder J, Mundt M, Thomas G, Barlow S. Placebo effects in common cold: a randomized controlled trial. *Ann Fam Med*. 2011 Jul-Aug;9(4):312-22. PubMed PMID: 21747102.

Rakel D, Barrett B, Zhang Z, Hoefft T, Chewning B, **Marchand L**, Scheder J. Perception of empathy in the therapeutic encounter: effects on the common cold. *Patient Education and Counseling*. 2011: 85 (3): 390-397.

Anandarajah, G, Craigie,F, Hatch R, Kliewer S, **Marchand L**, King D, Hobbs R, Daaleman T. Toward competency-based curricula in patient-centered spiritual care for family medicine resident education. *Academic Medicine* 2010;85(12):1897-1904.

**Marchand, L**. "The Healing Power of Hope." *American Academy of Hospice and Palliative Medicine Quarterly*. Summer. 2010.

**Marchand, L**. The Journey (poem) *Families, Systems and Health, Spring, 2009*.

**Marchand, L**. "Death Pronouncements: An opening for teaching humanism in end-of-life care." *American Academy of Hospice and Palliative Medicine Bulletin*. 2009; 10(1): 6.

Wise M, **Marchand L**, Cleary J, et al. "Narrative Medicine and Online Life Review Education for Cancer Patients: Results of a Feasibility Study." *Journal of the Society for Integrative Oncology*. 2008, 7 (1): 19-25..

Young R, Webb A, Lackan N, **Marchand L**. "Family medicine residency educational characteristics and career satisfaction in recent graduates." *Family Medicine*. 2008; 40(7):484-91.

**Marchand, L**. Bodyworlds. *Family Medicine*. 2008; 39,3: 528-529.

Barrett, B, Rakel D, Chewning B, **Marchand L**, Rabago D, Brown R, Scheder J, Schmidt R, Gern JE, Barlow S. Rationale and methods for a trial assessing placebo, echinacea and doctor patient interaction in common cold. *Explore: The Journal of Science and Healing*. 2007: 3(6); 561-572.

**Marchand L**. "Tears." (poem and commentary) *Families, Systems and Health*, Summer 2007.

**Marchand, L**. Incorporating the Arts and Humanities in Palliative Medicine Education. *Journal for Learning through the Arts: A Research Journal on Arts Integration in Schools and Communities*. 2006: 2 (1). (invited article)  
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**Marchand L,** Kushner, Siewert L. Death pronouncements survival tips for residents. *American Family Physician*. 1998;58(1):284-85.

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### **Book Chapters:**

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**Marchand, L.** End of Life Care. In Rakel, D ed. *Integrative Medicine 3<sup>rd</sup> edition*. Philadelphia: Elsevier Publishers, 2012.

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**NATIONAL CURRICULAR MATERIALS:**

Marchand L, Fogarty C, Reilly JM, Shapiro J, Gross P, Han J. Finding Resiliency, Compassion and Hope through Reflective Writing, Storytelling, and Story Listening. Submitted to STFM:Resource Library. (Peer reviewed), April 2017.

Marchand L. Teaching Palliative Care to Family Residents: a developmental and narrative approach. STFM:Resource Library. (Peer reviewed) April, 2015.

Marchand L, Kushner K. Death Pronouncements. Family Medicine Digital Resource Library. (peer reviewed) May, 2006.

Marchand L. Fast Facts and Concepts #118: Near death awareness. August 2004. End-of-Life Physician Education Resource Center. [www.pcnow.org](http://www.pcnow.org) and [www.capc.org](http://www.capc.org) (Peer reviewed) Updated 2015.

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**Internet/on-line publications**

**Marchand L.** (invited commentary) Treatment Targeted at Underlying Disease Versus Palliative Care in Terminally Ill Patients: A Systematic Review. PracticeUpdate website. Available at: <http://www.practiceupdate.com/content/treatment-targeted-at-underlying-disease-does-not-improve-survival-in-terminally-ill-patients/48430/65/6/1>. Accessed January 24, 2017

**Marchand L.** "Effective Communication and Resiliency in Challenging Situations." (invited speaker) Webinar for WWAMI region/ University of Washington Department of Family Medicine, faculty development. Seattle, WA. March 2, 2016. <https://depts.washington.edu/fammed/network/faculty-staff/faculty-development/webinars/>  
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**Marchand L.** (invited) Compassionate Practice: Mindfulness and Contemplative Approaches to Care. (22429) American Academy of Hospice and Palliative Medicine Webinar, November 4, 2015.

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<http://www.practiceupdate.com/journalscan/>

**Marchand L.** *Commentary (invited) on “The Effects of advance care planning on end of life care; a systematic review.”* Practice Update. 2014. <http://www.practiceupdate.com/journalscan/9025>

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**Marchand, L.** Integrative Breast Cancer Care. June 2011.

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Clinician PDF: [http://www.fammed.wisc.edu/sites/default/files/webfm-uploads/documents/outreach/im/module\\_breast\\_ca\\_clinician.pdf](http://www.fammed.wisc.edu/sites/default/files/webfm-uploads/documents/outreach/im/module_breast_ca_clinician.pdf)

- **Audio:** [Integrative Ways of Preventing and Treating Breast Cancer](#)
- **Audio:** [Integrative Management of Side Effects from Breast Cancer Treatment](#)
- *Breast Cancer Care and Prevention: Non-Pharmacological Interventions: clinician module*
- Overview of integrative breast cancer care for clinicians

#### **Handouts for patients:**

- [Breast Cancer Care and Prevention: Guidelines for a Healthy Lifestyle](#)
- [Breast Cancer Care and Prevention: Non-Drug Approaches](#)
- [Integrative Ways to Reduce Side Effects of Breast Cancer Treatment](#)

#### **CONFERENCE PLANNING COMMITTEES:**

2019-2020	Planning committee for Service of Remembrance and other related humanities activities at AAHPM/HPNA Annual Conference in San Diego, CA, March 2020.
2019	Planning Committee Member for RISHI's 2019-20 Healer's Art & Power of Nursing Faculty Development Training Workshop being held July 17-21, 2019 in Yellow Springs, Ohio.
2018-2019	Planning group, workshop presenter, yoga instructor for “A Clinician Well-being Retreat: the Wounded Healer: exploring compassion for self and others in health care.” Collaborative event with the Remen Institute for the Study of Health and Illness at Wright State University and the Osher Center for Integrative Medicine at the University of WA. October 18, 2019 at Cedarbrook Lodge, in Seattle, WA.
2018-2019	Planning committee and plenary speaker and workshop presenter at First Annual Osher Center for Integrative Medicine at UW Preconference at 47 <sup>th</sup> Annual Advances in Family Medicine and Primary Care Conference held September 8, 2019 at the University of Washington, Seattle.
2018-2019	Planning committee for Service of Remembrance and other related humanities activities at AAHPM/HPNA Annual Conference in Orlando, FL, March, 2019.

- 2017-2018 Planning committee, moderator, workshop and plenary presenter at the 46<sup>th</sup> Annual Advances in Family Medicine and Primary Care Conference held September 10-14, 2018 at the University of Washington, Seattle.
- 2017-2018 Faculty and planning committee member for 10<sup>th</sup> Annual Medical Spirituality Conference, Dayton, Ohio. April 19, 2018. Featuring Steven Pantilat, MD author of *Life After Diagnosis: Expert Advice on Living Well*, and Lucy Kalanithi, MD, who assisted her husband, Paul Kalanithi, MD, in writing *When Breath Becomes Air*. I facilitated the small and large group book discussions, and I participated in discussion panel with the authors. Faculty and conference planning committee member for Annual National Healer's Art Retreat for Physicians, Nurses and Medical Students, RISHI (Remen Institute for the Study of Health and Illness, and Wright State University, Yellow Springs, Ohio. April 20-21, 2018.
- 2017-2018 Planning committee for Service of Remembrance and other related humanities activities at AAHPM/HPNA Annual Conference in Boston, MA, March, 2018.
- 2016-2017 Planning committee for 3<sup>rd</sup> annual national Healer's Art conference, Dayton, Ohio, April 2017.
- 2015-2016 Planning committee for Service of Remembrance and other related humanities activities at AAHPM/HPNA Annual Conference in Phoenix, Arizona, February, 2017. **Abstract reviewer for annual meeting.**
- 2015-2016 Planning committee for 2<sup>nd</sup> annual national Healer's Art conference, Dayton, Ohio, April 2016. Invited retreat speaker: Rachel Remen, MD, creator of Healer's Art Curriculum.
- 2015-2016 Society of Teachers of Family Medicine Annual Conference, Minneapolis, MN. **Chair** for Prose and Poetry evening event at annual meeting. **Co-chair** Group on Geriatrics and Palliative Care meeting.
- 2015-2016 AAHPM/APNA Annual Conference in Chicago, IL. **Abstract reviewer for annual meeting.** Planning committee member for **Service of Remembrance** at this meeting. Planning committee member and **chair** for **Book Club**. Planning for reflective/meditation/labyrinth area. **Chair for SIG on Humanities and Spirituality meeting.**
- 2014-2015 Planning committee for 5<sup>th</sup> annual regional Healer's Art conference, Dayton, Ohio, April 2015. Invited retreat speaker: Rita Charon, MD, Narrative Medicine. I was invited to lead morning yoga both days.
- 2014-2015 Abstract reviewer for annual AAHPM/APNA Annual Conference in Philadelphia, PA. February 2015. Planning committee member for **Service of Remembrance** at this meeting.
- 2013-2014 Planning committee for 4<sup>th</sup> annual regional Healer's Art conference, Dayton, Ohio, April 2014.
- 2013-2014 Planning committee member for annual AAHPM/APNA Annual Conference in San Diego, CA. March 2014. Also **co-chair** of planning committee member and presenter for **Service of Remembrance** at this meeting. Will also be moderator for 3 sessions.
- 2013-2014 Planning committee for 2014 Primary Care Conference "Balancing "Curative" and Palliative Care in Advanced Chronic Illness." St. Mary's Hospital Conference Center, Madison, WI. March 7, 2014. Moderator for panel in am.

- 2013 Planning committee and faculty for Medical Technology Management Institute conference "Clinician Wellness Conference." Madison, WI. October 19, 2013.
- 2012-2013 Planning committee and faculty for first National Healer's Art conference, Dayton, OH April 2013.
- 2012-2013 Planning committee member for annual AAHPM/APNA Annual Conference in New Orleans, LA. March 2013. Also planning committee member and presenter for Service of Remembrance at this meeting. Will also be moderator for research paper session.
- 2012 Planning committee for Medical Technology Management Institute conference "May we Talk? Having those difficult conversations." Waukesha, WI. November 16, 2012
- 2011-2012 Planning committee and faculty for 3<sup>rd</sup> regional Healer's Art conference, Dayton, OH April 2012.
- 2011-2012 Service of Remembrance and Celebration Planning Committee for American Academy of Hospice and Palliative Medicine Annual Conference, Denver, CO, March, 2012
- 2010-2011 Planning committee and faculty for 2<sup>nd</sup> regional Healer's Art conference, Dayton, OH April 2011.
- 2010-2011 Planning committee for 8<sup>th</sup> International Society for Integrative Oncology Conference, Cleveland, OH. November, 2011.
- 2010-2011 Service of Remembrance and Celebration Planning Committee for American Academy of Hospice and Palliative Medicine Annual Conference, Vancouver, British Columbia, Canada. February 2011.
- 2010 The Good Death Conference. Lake Delton, WI. May, 2010.
- 2008 Annual conference of the Society for Integrative Oncology. Atlanta, GA November, 2008.
- 2005-2006 American Academy of Hospice and Palliative Medicine Annual Conference. Program Planning Committee. 2005-2006. Chair and principle organizer of "Healing Space" supervising a planning committee and venue itself. Three day venue for spirituality, humanities and self-care.
- 2004-2005 *End-of-Life Forum*. HospiceCare, Inc. Pediatric End of Life Care. Plenary speaker: Bruce Himmelstein, MD. September 22, 2005. Planning committee.
- 2004 Wausau Hospital Palliative Care Conference. Planning committee and faculty. Wausau, WI. September 10, 2004.
- 2004-2005 American Academy of Hospice and Palliative Medicine Annual Conference. Program Planning Committee. New Orleans, LA. January 20-23, 2005. Creation of "Healing Space", a four day venue for spirituality, humanities, and self care. Principal organizer of this venue, supervising a planning committee.
- 2003-2004 *RX for a Healthy Career*. Wisconsin Medical Society. November 11-13, 2004. Planning committee chair and faculty.

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- End-of-Life Forum*. HospiceCare, Inc. Cultural Diversity in End of Life Care. Plenary speaker: LaVera Crawley, MD. September 23, 2004. Planning committee.
- 2003 *From Dissatisfaction to Action: A Conference to Improve the Professional Satisfaction and Effectiveness of Physicians*. Wisconsin Medical Society, November 7-8, 2003, Green Lake, WI. Invited faculty and involved in planning. Plenary and workshop.
- 2002-2003 *End-of-Life Forum*. HospiceCare, Inc. September 25, 2003. Plenary speaker, Rachel Naomi Remen, MD. Planning Committee. Invited faculty. Panel speaker.
- 2000 *Medical Ethics: Building a Bridge Between Service and Humanity*. An Ethics Conference. Invited faculty. October 11-13, 2000, Casper, WY. Involved in planning. Presentations: See below for listing of presentations.
- 1995-1996 *Interdisciplinary Qualitative Research Conference*. University of Wisconsin, October 24, 1996, Madison, WI. **Chair** of planning committee and conference faculty. Two internationally known qualitative researchers participated: William Miller, MD and Ben Crabtree, PhD. Conference presenter. Participants represented thirty-two university departments.
- 1995-1996 Annual Meeting, Wisconsin Research Network (WreN). *Qualitative Research in Primary Care*. October 24-26, 1996, Wausau, WI. Planning committee and conference faculty. William Miller, MD and Ben Crabtree, PhD participated. Workshop presenter.
- 1995 *Death and Dying in EMS Practice*. November 4, 1995, Madison, WI. Planning committee, conference faculty. Plenary speaker.

## **PRESENTATIONS:**

### **International:**

- “Suffering in Advanced Cancer: A Randomized Control Trial of a Narrative Intervention.” Proffered research presentation. Presented with Meg Wise, PhD. 22nd International Congress on Palliative Care. Palais des Congrès, Montréal, Canada. October 2-5, 2018.
- “Building Resilience: an innovative reflective writing method for clinical palliative care “the 55 word story”. Copresenters Ellen Wild, RN, CHPN and Cory Ingram, MD, FAAHPM, both from Mayo Clinic, Rochester, MN. 22nd International Congress on Palliative Care. Palais des Congrès, Montréal, Canada. October 2-5, 2018.
- “Building Resilience: an innovative reflective writing method for clinical palliative care – the 55 word story.” Poster, presented with Cory Ingram, MD, MS, FAAHPM, and Ellen Wild, RN, CHPN, both from Mayo Clinic, Rochester MN. The 2<sup>nd</sup> International Congress on Whole Person Care. Montreal, Quebec, Canada. October 12-15, 2017.
- “Integrating Narrative Medicine into Cancer Care.” Workshop with Meg Wise, PhD. “Massage and Energy Medicine Research.” Moderated a panel discussion. 8<sup>th</sup> International Conference of the Society for Integrative Oncology, Cleveland, OH. November 10-12, 2011.
- “Online Narrative Interventions for Aging Cancer patients.” Concurrent session. Presented with Meg Wise, PhD. Also 2 posters on Narrative Medicine research. 7<sup>th</sup> International Conference of the Society for Integrative Oncology. New York City, NY. November 11-13, 2010.

“Using Capacitar Healing Practices in Health/Mental Health.” (Panel presentation) Presented with Felicia Muoneke, MD, Nigeria, Vimla Pillay, South Africa, and Sharon Kuehn, USA. Capacitar 20<sup>th</sup> Anniversary Global Celebration Conference, La Casa de Maria, Santa Barbara, CA. July 20-23, 2008.

“Implementing the Healer’s Art Course in Medical Student Education.” (Seminar) Presented with David Rakel, MD. “Self Care: Protecting Your Most Valuable Healing and Teaching Asset – Yourself.” (Special Topic) Panel. 37<sup>th</sup> Society of Teachers of Family Medicine Annual Spring Conference. Toronto, Ontario, Canada. May 12- 16, 2004.

“Evaluation of Pap Smear Collection and Management Practices for Dane County, Wisconsin Clinicians,” and “Assessing Patient and Clinician Variables that Affect the Quality of Conventional Pap Smears and Inflammatory Results.” (Research presentations) 29<sup>th</sup> Annual Meeting of the North America Primary Care Research Group. Halifax, Nova Scotia, Canada, October 13-16, 2001.

“Pap Smears: Evaluation of Current Collection Techniques and Management Practices.” (Research presentation) Co-presenter, Maureen Van Dinter, NP. 16<sup>th</sup> World Congress of Family Doctors, Durban, South Africa, May 13-17, 2001.

“Infant Feeding Choices.” Understanding the Decision-Making Process.” (Research presentation) North American Primary Care Research Group Annual Meeting, Quebec City, Canada, May 1991.

**National:**

“Nurturing our Resiliency.” Workshop. The Wounded Healer: exploring compassion for self and others in health care. Collaborative retreat: Remen Institute for the Study of Health and Illness at Wright State University, Dayton, OH, and the Osher Center for Integrative Medicine at the University of WA, Seattle. Cedarbrook Lodge, Sea Tac, WA. October 17,18, 2019.

“Medical Cannabis in Primary Care: the science, politics and practical patient care.” Plenary. Co-presenters: Mary Brown, MAEd, and Jessica Streufurt, RRT. Integrative Primary Care Pre-Conference. 47<sup>th</sup> Annual Advances in Family Medicine and Primary Care University of WA, Seattle, WA. September 8, 2019.

“Integrative Palliative Care.” Session. Integrative Primary Care Pre-Conference. 47<sup>th</sup> Annual Advances in Family Medicine and Primary Care University of WA, Seattle, WA. September 8, 2019.

“Advance Care Planning.” Workshop. Co-presenters: James Fausto, MD, FAAHPM, and Melissa Bender, MD, FAAHPM. 47<sup>th</sup> Annual Advances in Family Medicine and Primary Care. University of WA, Seattle, WA. September 11, 2019.

“Integrative Pain Management for Hospice and Palliative Care.” Session presenter with Ann Marie Chiasson, MD, MPH, University of Arizona Center for Integrative Medicine. Annual Assembly of Hospice and Palliative Care, Orlando, FL. March 13-16, 2019.

“Too Good to be True? No! Exploring self, Incorporating a quick and easy reflective writing exercise that anyone can do.” Session presenter with Kristin Forner, MD, Mission Hospital, Asheville, NC and Cory Ingram, MD, MS, FAAHPM, Mayo Clinic, Rochester, MN. Annual Assembly of Hospice and Palliative Care, Orlando, FL. March 13-16, 2019.

“Advance Care Planning along the Continuum of our Lives.” Plenary presentation and Workshop presentation with Melissa Bender, MD, and James Fausto, MD, “Practical strategies, skills and documents needed for effective advance care planning.” 46<sup>th</sup> Annual Advances in Family Medicine and Primary Care. Seattle, WA. September 10-14, 2018.

“STFM Prose and Poetry Night.” Organizer and emcee. Co-presenter: Hugh Silk, MD. STFM Annual Conference, Washington, DC. May 5, 2018.

“Fostering Resilience and Healing through the utilization of reflection and writing.” Presented with Cory Ingram, MD, MS, FAAHPM and Ellen Wild, RN, CHPN. Poster. 2018 ACH ENRICH Forum. Tampa, FL. June 1, 2018.

“The Soul Work of Living and Dying.” Small and large group book club facilitator and panelist with Lucy Kalanithi, MD, and Steven Pantilat, MD. Tenth Annual Medical-Spirituality Conference, Wright State University Boonshoft School of Medicine. Dayton, OH. April 19, 2018.

“Connecting Courage and Lineage with Resiliency and Thriving in Health Care.” Led workshop on “Courage” alone, and “Resiliency” with Dr Evangaline Andarsio, MD, Director of National Healer’s Art Program, and Director of Remen Institute for the Study of Health and Illness. National RISHI Clinician and student well-being retreat. Yellow Springs, OH. April 20-21, 2018.

“The Promise and Challenge of Reflective Writing.” Marchand L, Fogarty C, Reilly JM, Shapiro J, Gross P, Han J. Scholarly Topic Roundtable Presentation. Society of Teachers of Family Medicine Annual Conference. San Diego, CA. May 5-9, 2017.

“STFM Prose and Poetry Night.” Organizer and emcee. Co-presenter: Hugh Silk, MD and Andrea Gordon, MD. STFM Annual Conference, Minneapolis, MN. May 5, 2017.

“Finding Resiliency, Compassion and Hope through Reflective Writing, Storytelling, and Story Listening.” Marchand L, with co-presenters: Fogarty C, Reilly JM, Shapiro J, Gross P, Han J. Pre-conference workshop. Society of Teachers of Family Medicine Annual Conference. San Diego, CA. May 5-9, 2017.

“Collage: Work of the Soul.” Invited workshop. National Healer’s Art Faculty Retreat. Wright State University. Yellow Springs, Ohio. April 28,29, 2017.

“Compassion, Hope and Resiliency: nurturing our innate qualities through contemplative practices. Session Presenter with Kevin Dieter, MD. AAHPM/HPNA Annual Assembly Hospice and Palliative Care. Phoenix, AZ. February 22-25, 2017. Also presenter at Service of Remembrance and Celebration. Facilitator for Book Club.

“STFM Prose and Poetry Night.” Organizer and emcee. Co-presenter: Hugh Silk, MD. STFM Annual Conference, Minneapolis, MN. April 30-May 4, 2016.

“Building Resilience: An Innovative Reflective Writing Method: the 55 Word Story.” Workshop. Co-presenters included: Colleen Fogarty, MD, and Jo Marie Reilly, MD. STFM Annual Conference, Minneapolis, MN. April 30-May 4, 2016.

“Existential suffering in advance cancer: the buffering effects of narrative.” Research presentation. STFM Annual Conference. Minneapolis, MN. April 30-May 4, 2016.

“Resiliency, Hope and Compassion.” Invited plenary speaker. 2016 Volunteer Appreciation Event of the Hospice of the Western Reserve, Cleveland, OH. April 13, 2016.

“Existential suffering in advance cancer: the buffering effects of narrative.” Poster. AAHPM annual conference. Chicago, IL. March 9-11,2016.

“Compassionate Practice: mindfulness and contemplative approaches to care.” Invited presenter. Webinar for AAHPM. November 4, 2015.

“Compassionate Practice: mindfulness and contemplative approaches to care.” Invited presenter. AAHPM, HPNA, and NHPCO’s 2015 Virtual Conference: Clinical Advances in the Art and Science of Care. July 21-23, 2015.

<https://www.dropbox.com/s/6bozpp5rro6q82e/8A.mp4?dl=0>

“Teaching Palliative Care to Family Residents: a developmental and narrative approach.” Preconference workshop. Society of Teachers of Family Medicine Annual Conference. Orlando, FL. April 26, 2015.

“The Healing Power of Hope: in our patients and in ourselves.” Wright State University Annual Medicine-Spirituality Conference. Workshop. Invited speaker. Dayton, OH. April 16, 2015.

“The Healing Power of Hope: for patients and palliative clinicians.” Lead presenter with co-presenter Cory Ingram, MD. American Academy of Hospice and Palliative Medicine/HPNA Annual Conference, Philadelphia, PA. February 25-28, 2015.

“State of the Science: Integration of CAM and Conventional Therapies in the Palliative Care of Patients.” Lead presenter with co-presenters Steven Rosenzweig, MD and Gabriel Lopez, MD. American Academy of Hospice and Palliative Medicine/HPNA Annual Conference, Philadelphia, PA. February 25-28, 2015.

“Building Resilience: an innovative reflective writing method for clinical palliative care- the 55 word story.” Lead presenter with co-presenters Jan Jahner, RN, and Cory Ingram, MD. American Academy of Hospice and Palliative Medicine/HPNA Annual Conference, Philadelphia, PA. February 25-28, 2015.

“The Healing Power of Hope and Miracles: for patients and ourselves.” National Center for Death Education Summer Institute. Invited speaker for one day workshop. Mount Ida College, Newton, MA. July 24, 2014.

“Brief Meditation Practices for caregivers and patients: an informational and experiential introduction to mindfulness and compassion practices.” Co-presenter: Steven Rosenzweig, MD. Annual Assembly of American Academy of Hospice and Palliative Medicine and Hospice and Palliative Nurses Association. San Diego, CA. March 12-15, 2014. Presenter: Service of Remembrance.

“The Healer’s Stance.” 4 hour workshop. Co-Presenter Dr John Patterson. National Healer’s Art Retreat. Dayton, Ohio. April 12-13, 2013.

“The Journey.” Poem. Service of Remembrance and Celebration. Annual Assembly of American Academy of Hospice and Palliative Medicine and Hospice and Palliative Nurses Association. New Orleans, LA. March 14-16, 2013.

“The Power of Hope: Exploring the Art and Science.” 4 hour workshop with co-presenter Christina Puchalski, MD. Annual Assembly of American Academy of Hospice and Palliative Medicine and Hospice and Palliative Nurses Association. Denver, CO. March 7-10, 2012. Also presented a guided meditation at the assembly’s Service of Remembrance called Wholeness Within.

“Integrative Palliative Care: Combining conventional and alternative evidence-based medicine.” Concurrent session. Annual Assembly of American Academy of Hospice and Palliative Medicine and Hospice and Palliative Nurses Association. Vancouver, British Columbia, Canada. February 16-19, 2011.

“Online Narrative Interventions for Aging Cancer Patients: a Feasibility Study.” Presentation. Presented with Meg Wise, PhD. North American Research Conference on Complementary and Integrative Medicine, Minneapolis, MN. May 15, 2009.

“Core Competencies in Spirituality and Patient Care for Family Medicine Residency Education.” Poster: Gowri Anandarajah, MD, Stephen Kliewer, Dmin, Lucille Marchand, MD and Frederic Craigie, PhD. STFM 41<sup>th</sup> Annual Conference. Baltimore, MD. May, 2008.

“Developing Core Competencies in Spirituality and Patient Care for Family Medicine Residency Education.” Seminar presented with Gowri Anandarajah, MD, Stephen Kliewer, Dmin, and Frederic Craigie, PhD. STFM 40<sup>th</sup> Annual Conference. Chicago, IL April 27, 2007

“Integrative End of Life Care: Combining Conventional and Alternative Evidence-based Medicine.” Seminar. STFM 40<sup>th</sup> Annual Conference. Chicago, IL April 28, 2007

“Implementing the Healer’s Art Course in Medical Student Education.” Seminar presented with Todd Detar, MD. STFM Conference on Families and Health. Austin, TX. March 3, 2007.

“Creating Healing Space.” Workshop. In the Healing Space venue. Annual Assembly of Hospice and Palliative Medicine and Hospice and Palliative Medicine Nurses Association. Nashville, TN. February 9, 2006.

“Delerium, Near Death Awareness, and Terminal Restlessness.” Lecture. Annual Assembly of Hospice and Palliative Medicine and Hospice and Palliative Medicine Nurses Association. Nashville, TN. February 9, 2006.

“What Determines our Satisfaction as Family Physicians?” (Workshop) American Academy of Family Physicians Annual Leadership Forum. Kansas City, MO, May 5-7, 2005. (Invited)

“Intellectualization to Compassion: A Model for Mentoring Medical Students and Residents in Caring for Dying Patients.” Presentation. STFM 38<sup>th</sup> Annual Spring Conference, New Orleans, LA. April 30 – May 4, 2005.

“Healing Words: A Poetry Workshop for Clinicians.” Presented with Jack Coulehan, MD and Patrick Clary, MD. (pre-conference workshop) Annual Assembly of the American Academy of Hospice and Palliative Medicine and Hospice and Palliative Nurses Association. New Orleans, LA. January 20-23, 2005.

“Collage: A Tool for Self-expression, Healing and Growth for Health Professionals, Patients and Families.” (workshop) Annual Assembly of the American Academy of Hospice and Palliative Medicine and Hospice and Palliative Nurses Association. New Orleans, LA. January 20-23, 2005.

“Building Successful Coalitions for Promoting Advance Directives.” (Research poster) Annual Assembly of the American Academy of Hospice and Palliative Medicine and Hospice and Palliative Nurses Association. New Orleans, LA. January 20-23, 2005.

“Death Pronouncements: Stories, Poetry, Communication- It’s not about the protocol.” (workshop) Annual Assembly of the American Academy of Hospice and Palliative Medicine and Hospice and Palliative Nurses Association. Phoenix, AZ. January 21-25, 2004.

“Death Pronouncements: Stories, Poetry, Communication- It’s not about the protocol.” (seminar) STFM 36<sup>th</sup> Annual Spring Conference, Atlanta, GA. September 20-24, 2003.

“Action or Dissatisfaction? What Determines our Satisfaction as Family Physicians?” (Workshop) American Academy of Family Physicians Annual Leadership Forum. Kansas City, MO, May 1-3, 2003. (Invited)

“The Role of the Humanities in Patient Care.” Theme day presentations on the Humanities and Research in Medicine. Presented with Virginia Mohl, MD, PhD. STFM 35<sup>th</sup> Annual Spring Conference, San Francisco, CA, April 27-May 1, 2002.

“The Role of Experienced Health Food Store Owners as Providers of Health Care.” (Poster) Presented with B. Claire Eliason, MD. STFM 35<sup>th</sup> Annual Spring Conference. San Francisco, CA, April 27-May 1, 2002.

“Using Ethnographic Methods to Teach Listening and Critical Observation Skills.” (Seminar) STFM 35<sup>th</sup> Annual Spring Conference. San Francisco, CA, April 27-May 1, 2002.

“Action or Dissatisfaction? What Determines our Satisfaction as Family Physicians?” (Breakout sessions/workshops) American Academy of Family Physicians Annual Leadership Forum. Kansas City, MO, April 26-27, 2002. (Invited)

“Using Ethnographic Methods to Teach Listening and Critical Observation Skills.” (Seminar) STFM 28<sup>th</sup> Annual Predoctoral Education Conference. Tampa, FL, February 1-4, 2002.

“How to Survive a Death Pronouncement.” (Workshop) Presented with Ken Kushner, PhD. The 22<sup>nd</sup> Forum. Chicago, IL, September 29-October 2, 2001.

“Collage: A Tool for Self-expression, Healing and Growth for Health Professionals, Patients and Families.” (Workshop) The 22<sup>nd</sup> Forum. Chicago, IL, September 29-October 2, 2001.

“Collage: A Tool for Self-expression, Health and Growth.” (Workshop) STFM 34<sup>th</sup> Annual Spring Conference, Denver, CO, April 28-May 2, 2001.



“Caring for Dying Patients: Deepening our Spiritual and Emotional Connections. (Seminar) STFM 34<sup>th</sup> Annual Spring Conference. Denver, CO, April 28-May 2, 2001.

“Collage: A Tool for Self-expression, Healing and Growth for Health Professionals, Patients and Families. (Workshop) 21<sup>st</sup> Annual STFM Conference on Families and Health. Kiawah Island, SC, February 28-March 4, 2001.

“Insight on Caring: The Careers of a Nurse, Physician and Mother.” “Outrage” – a poem. “St. Marys Hospital Ethics Committee.” “AJCAHO and Clinical Ethics. Patient Autonomy and the Ethics Consultation.” “Ethics Committees and the Value of the Family Conference.” “RISEN: Re-Investing in Spirituality and Ethics in our Networks.” Invited faculty at an ethics conference Medical Ethics: Building a Bridge Between Service and Humanity. Casper, WY, October 11-13, 2000. (Invited) (Six presentations)

“An Experiential Method for Teaching Family Conferences.” (Seminar) Presented with Ken Kushner, PhD. 32<sup>nd</sup> Society of Teachers’ of Family Medicine Annual Spring Conference. Seattle, WA, April 28-May 2, 1999.

“Alternative Medicine: A Qualitative Study.” (Research presentation) Presented with Bruce Barrett, MD, PhD. Society of Teachers’ of Family Medicine Annual Spring Conference. Seattle, WA, April 28-May 2, 1999.

“Physicians Can Learn from Consumers of Dietary Supplements.” (Research presentation) Presented with B. Clair Eliason, MD. 32<sup>nd</sup> Society of Teachers’ of Family Medicine Annual Spring Conference. Seattle, WA, April 28-May 2, 1999.

“Teaching End-of-Life Care Through a Resident/Faculty Mentorship.” (Seminar) Presented with Doug Spence, MD. The 19<sup>th</sup> Forum for the Behavioral Sciences in Family Medicine. Chicago, IL, October 3-6, 1998.

“Advances in Family Conference Training: the Application of Qualitative and Quantitative Research to Curriculum Development.” (Seminar) Presented with Ken Kushner, PhD, Dennis Butler, PhD and Dick Holloway, PhD. 31<sup>st</sup> Society of Teachers’ of Family Medicine Annual Spring Conference. Chicago, IL, April 22-26, 1998.

“Factors that Influence Patients’ Completion of Advance Directives.” (Poster) Presented with Vickie Marie Coutier, MS2, Cynthia Haq, MD, Craig Gjerde, PhD. 31<sup>st</sup> STFM Annual Spring Conference. Chicago, IL, April 22-26, 1998.

“Family Conferences: How Can We More Effectively Teach This Skill?” (Lecture/Discussion) Presented with Ken Kushner, PhD. 18<sup>th</sup> Annual Conference on Families and Health. Kiawah Island, SC, March 4-8, 1998.

“Two Curricular Models on Teaching about Death and Caring for Families.” (Workshop) Presented with Robin Winter, MD and Bruce Birnberg, MSW. 30<sup>th</sup> STFM Annual Spring Conference. Boston, MA, May 5, 1997.

“Death Pronouncements: A Resident’s Introduction to Death and Caring for Families.” (Workshop) Presented with Ken Kushner, PhD. Annual Family in Family Medicine Conference. Kiawah Island, SC, March 6, 1997.

“Pronouncing Patients Dead: Notes from the Underground.” (Presentation) The 17<sup>th</sup> Forum for the Behavioral Sciences in Family Medicine. Oak Brook, IL, September 28-October 1, 1996. Presented with Ken Kushner, PhD.

“Pronouncing Patients Dead: Notes from the Underground.” (Seminar) Society of Teachers’ of Family Medicine 29<sup>th</sup> Annual Conference. San Francisco, CA, April 27-May 1, 1996. Presented with Ken Kushner, PhD.

“Getting to the Heart of the Family Conference.” (Seminar) 16<sup>th</sup> Hinsdale Forum Conference. Presented with Ken Kushner, PhD. Chicago, IL, October 1995.

“Getting to the Heart of the Family Conference Experience for Residents and its Implications for Residency Education.” (Seminar) 15<sup>th</sup> Annual Family Medicine Conference. Amelia Island, FL, March 1995. I prepared this presentation but was unable to give it due to an emergency in my family. Ken Kushner, PhD gave this seminar.

**Regional:**

“Integrative Palliative Care Symptom Management: Focus on Nonpharmacological Treatments and Medical Cannabis.” Invited. Co-presenters: Sunil Aggarwal, MD, PhD and Mary Brown, MS. Pacific Northwest Palliative Care Conference (UW Cambia Palliative Care Center of Excellence). Lynnwood, WA. April 22-23, 2019.

“Integrative Medicine: how this approach can help you care for patients using fewer drugs.” Presentation with Iman Majd, MD, MS, LAC. King County Association Family Physicians. Invited. Annual member meeting March 7, 2019.

“Having Healing Conversations: working with patients in pain.” Invited. Osher Collaborative Exchange Program funded. Osher Center Exchange between Osher Center at University of California, San Francisco, and Osher Center for Integrative Medicine at University of WA. San Francisco, CA. November 1, 2018.

“Humanities and Humanity: How May Palliative Care Draw Them Together?” Invited plenary speaker. 8<sup>th</sup> Annual James McClellan Lecture, Whitman College, Walla Walla, WA, October 13, 2018.

“Building personal resilience.” (invited) workshop. WA Department of Health Rural Palliative Care Initiative Workshop/Training in collaboration with UW Graduate Certificate Program in Palliative Care, Seattle, WA. Spokane, WA. May 23, 24, 2018. (workshop given each day of training)

“Complex pain management requires an integrative approach.” (Invited) keynote plenary. “Having a healing conversation about pain.” (Invited) breakout session. 2018 Palliative Care Institute Conference: Holistic Pain Management: alternatives to the opioids. Western Washington University. Bellingham, WA. May 11, 2018.

“Creating your own mindfulness practice and resiliency plan.” Workshop (invited). Presented with Mia Baumgartner, MDiv, MNPL, BCC. 2018 Pacific Northwest Palliative Care Conference. University of WA and Cambia Palliative Care Center of Excellence. Shoreline, WA. April 23-24, 2018.

“Staying Connected to the Compassion, Hopefulness and Resiliency within us.” Invited Keynote speaker. “Connecting to Compassion, Hope and Resiliency through Reflective Writing, Storytelling and Story Listening.” Workshop leader with Dr Larry Skendzel. 2017 Upper Great Lakes Palliative Care and Hospice Conference. Marquette, MI. October 24-25, 2017.

“Suffering in Advanced Cancer: A Randomized Control Trial of a Narrative Intervention.” Poster. With Meg Wise, PhD, Linda Roberts, PhD, Ming Chih, PhD of the University of WI. 20<sup>th</sup> Annual Colloquium on Aging. Madison, WI. October 12, 2017.

“Vital Talk© Vital Conversations.” Invited small group training facilitator/faculty. Leaders: Dr. Anthony Back and Dr. Holly Yang. Workshop for Kaiser Northern California Hospitalists. San Rafael, CA. September 26-27, 2017.

“Communication Skills for Advance Care Planning.” VitalTalk© (Invited workshop) Faculty: Marchand L Presentation and workshop leader, with Clay K, Merel S, Morrison M, Van Cleave A, Anderson A, Rosenberg A. Pacific Northwest Palliative Care Conference. Seattle, WA. April 24, 25, 2017.

“Honoring Choices: Putting the Program Into Practice; Integrating Advance Care Planning at the University of Washington Medical Center.” Invited panel presentation: Marchand, L as presenter and facilitator, Gaster B, Giddens B, Eisenman J, Whyte S. Pacific Northwest Palliative Care Conference. Seattle, WA. April 24, 25, 2017.

“Death Pronouncements and Coping with the Dying of our Patients: It’s not just a protocol.” (invited) Webinar and faculty development workshop. WWAMI Family Medicine Residency Network, Univ of WA, Seattle, WA. December 7, 2016.

“The opioid dilemma: where are we in primary palliative care?” (invited professorship) Presentation to clinical staff. SEARHC Clinic in Juneau, AK. August 31, 2016.

“More time at end of life or more suffering?” (Invited) Community presentation. Sitka Community Library, Sitka, AK. August 29, 2016.

“Being Mortal: navigating serious illness and end of life care in primary palliative care.” (Invited professorship). Workshop. Southeast Alaska Regional Health Consortium. SEARHC Campus, Sitka, Alaska. August 29, 2016.

“Nurturing Resilience through Reflective Writing.” Presented with Heather Coats, PhD. Workshop. Harborview Medical Center Palliative Care Conference, Seattle, WA. May 10, 2016

“Existential suffering in advance cancer: the buffering effects of narrative.” Research poster. Harborview Medical Center Palliative Care Conference, Seattle, WA. May 10, 2016

“Effective Communication and Resiliency in Challenging Situations.” (invited speaker) Webinar for WWAMI region/ University of Washington Department of Family Medicine, faculty development. Seattle, WA. March 2, 2016.  
[https://depts.washington.edu/fammed/network/faculty-staff/faculty-development/webinars/  
http://uofw.adobeconnect.com/p1079q5cx05](https://depts.washington.edu/fammed/network/faculty-staff/faculty-development/webinars/http://uofw.adobeconnect.com/p1079q5cx05)

“The Healing Power of Hope.” and “Compassionate Presence: Mindfulness and Contemplative Practices.” (invited speaker for 2 workshops. The Janus Project Autumn Seminar: Navigating Uncertain Seas: Palliative care and the treatment of chronic illness. Marquette, MI. September 9-12, 2015.

“Conveying Hope in Challenging Situations.” Workshop. Faculty Development for UW Family Medicine Clerkship Faculty from WWAMI region. Huskies Union Building. University of Washington School of Medicine, Seattle. **June 5, 2015.**

“Practical Palliative Care.” 42<sup>nd</sup> Annual Advances in Family Practice and Primary Care course. University of Washington Health Sciences Center, Hogness Auditorium, Seattle, WA. September 10, 2014.

“Yoga Workshop.” (Invited speaker) Healer’s Art Retreat, Harmony Farms Retreat Center (in conjunction with Wright State University), Tipp City, OH. April 11, 12, 2014.

“Meaning: Loving your life and being who you are.” Wellness for the Health Care Team conference. Medical Technology Management Institute. Herzing University. Madison, WI. October 19, 2013.

“Integrative Medicine in Palliative Care: an evidence based approach.” Invited plenary speaker. Medical College of WI conference: Challenging Topics in Palliative Care: Beyond the Basics. Milwaukee, WI. May 3, 2013.

“Near Death Awareness.” Sauk Prairie Memorial Hospital Grand Rounds, Prairie du Sac, WI. April 2, 2013

“End of Life Care.” Grand Rounds. Mercy Health System, Janesville, WI. November 20, 2012.

“Why we avoid the conversation – Is Hope Sacrificed?” and “Skills: Having the Hope Conversation.” May We Talk? *Having those Difficult Conversations Conference*. Medical Technology Management Institute and Herzing University. Waukesha, WI. November 16, 2012.

“Integrative Approach to Cancer Care.” Grand Rounds. Mercy Health System, Janesville, WI. October 29, 2012.

“The Healer’s Stance” workshop at 3<sup>rd</sup> annual Midwest Healer’s Art Faculty Retreat, Dayton, OH. April 13 and 14, 2012.

“Understanding Palliative Care.” Grand rounds presentation at St Clare Hospital, Baraboo, WI. January 7, 2012.

“Healing Power of Hope.” Plenary speaker. 10<sup>th</sup> Annual Symposium: Advances in Multidisciplinary Cancer Care. At a Crossroads: the intersection of integrative medicine and cancer care. Madison, WI. October 21, 2011.

“The Healing Power of Hope: Exploring the Art and Science.” Hospice Care’s 16<sup>th</sup> Annual End-of-Life Forum. Madison, WI. September 29, 2011.

“The Healing Power of Hope: Awe and Mystery.” (invited) 2<sup>nd</sup> Annual Midwest Healer’s Art Faculty Retreat. Bergamo Retreat Center, Dayton, Ohio. April 15-17, 2011.

“Spirituality in Nursing in Integrative Palliative Medicine”. (invited) 2010 WI Nursing Association Annual Meeting and Conference. Madison, WI. October 9, 2010.

“Complementary and Alternative Medicine in Ovarian Cancer.” (invited) 2010 Ovarian Cancer Survivors Course. Gynecologic Cancer Foundation and University of WI Carbone Cancer Center. Madison, WI. September 25, 2010.

“Care for Mind, Body, Spirit: Integrative Medicine at End of Life.” (invited) University of WI and UW Health Palliative Care Course. Madison, WI. September 22, 2010.

“Palliative Care”. UW Department of Family Medicine 40<sup>th</sup> anniversary CME program: Caring for Wisconsin and the World – Today and Tomorrow”. (invited speaker) Madison, WI. July 17, 2010.

“Integrative Medicine in Palliative Care.” (invited) Grand Rounds. Divine Savior Health Care, Portage, WI. June 21, 2010.

“Integrative Cancer Care” (invited presentation) The Healing Circle Support Group for patients with cancer and their caregivers. Devil’s Lake, WI. June 13, 2010.

“Integrative End of Life Care.” And “Hope in Health and Healing.” (invited presentations and plenary speaker) 4<sup>th</sup> Annual Wisconsin Psychosocial and Spiritual Care Conference. The Hope of Wisconsin: Hospice Organization and Palliative Experts of Wisconsin. Wausau, WI. May 14, 2010.

“Overview of Integrative Medicine and End of Life Care.” And “Near Death Awareness.” The Good Death Conference. Lake Delton, WI. May 7,8, 2010. (invited presentations)

“Hope in Health and Healing.” (invited presentation) St Mary’s Hospital Pastoral Care Conference. Madison, WI. October 20, 2009.

“Integrative Medicine in Cancer Care.” (invited presentation) Wisconsin Cancer Registry Association conference. Madison, WI. October 16, 2009.

“Nutrition in the prevention and treatment of cancer.” (invited presentation) Nutrition in Health and Healing. University of Wisconsin Continuing Education, School of Nursing, Madison, WI. September 18, 2009.

“Care of Mind, Body and Spirit – Integrative Medicine in End of Life Care.” (invited presentation) End of Life Coalition 2<sup>nd</sup> Annual Conference, Waukesha, WI. September 9, 2009.

“Online narrative interventions for aging cancer patients: a feasibility study.” Poster. Wise, M., Marchand, L., Cleary, J. University of WI Institute on Aging Colloquium, Madison Wisconsin, September, 2008.

“Collage: a Tool for Self-expression, Healing and Growth.” (Invited workshop) Center to Be. Milwaukee, WI. May 3, 2008.

“Health and Healing: A Journey of Change.” Invited workshop and keynote speaker. Women’s Wellness Retreat. Retreat also included Bellaruth Naparstek, LISW, internationally known author and psychotherapist using guided imagery. Okauchee, WI. April 25, 2008.

“The Autism Spectrum: Genetic and Environmental Interactions and Implications for Cause and Treatment.” Lecture/discussion. Green Medicine: Healthy People, Healthy Planet. Madison, WI. April 14-15, 2008.

“Integrative Oncology Care.” Lecture. (invited) Cancer Residency for Spiritual Caregivers, University of Wisconsin Hospital and Clinics, Madison, WI. January 24, 2008.

“Health and Healing: Nourishing the Body, Mind and Spirit,” (invited presentation) Vegetarians in Motion Thanksgiving Celebration/Event. Rockford, IL. November 18, 2007.

“Collage: a Tool for Self-expression, Healing and Growth.” (Invited workshop) Center to Be. Fond-du-Lac, WI October 27, 2007.

“Integrative Medicine: Health and Healing in the Cancer Journey.” (Workshop) Invited. Living with a Cancer Diagnosis: Issues of Long-Term Survivorship. 6<sup>th</sup> Annual Symposium. Advances in Multidisciplinary Cancer Care. Madison, WI. October 19, 2007.

“Healing Practices for a Healthier, Happier You.” Lecture. Invited plenary speaker. Wisconsin Early Childhood Association Health and Wellness Conference. Madison, WI. July 14, 2007.

“Integrative Palliative Medicine.” Monroe Hospital and Clinic Grand Rounds. Lecture. (Invited) Monroe, WI. June 22, 2007.

“Integrative Oncology Care.” Lecture. (invited) Cancer Residency for Spiritual Caregivers, University of Wisconsin Hospital and Clinics, Madison, WI. January 12, 2007.

“Blending Integrative Approaches into Acute Pain Management.” Lecture. (invited) Acute Pain: Anytime, Anywhere, Cutting Edge Solutions Conference. Green Bay, WI. September 28, 2006.

“Preventing a Cancer Recurrence: The Role of Integrative Medicine.” Creating Optimal Healing Environments: Bringing physical and non-physical healing influences together in the clinical setting. Madison, WI. September 15, 2006.

“Body, Mind and Spirit: Integrative Cancer Care.” Seminar. (Invited) Leukemia and Lymphoma Conference. Madison, WI May 6, 2006.

“Dealing with Patients and Families as Death Approaches.” And “Advance Directives at End of Life.” Lectures (invited). Excellence in End of Life Care: Supporting Patients and Families through Crisis and Loss. Wisconsin Dells, WI. January 14, 2006.

“Reclaiming and Celebrating your Authentic Beauty.” Plenary/ workshop. (Invited) Real Women, Real Beauty. Wisconsin Dells, WI. November 12, 2005.

“Integrative Approach to the Prevention of Cancer.” Lecture. (Invited) Advances in Multidisciplinary Cancer Care. Madison, WI. October 21, 2005.

“Healing Space.” Plenary/ workshop. (Invited) Aultman Institute: Compassion Fatigue: A Retreat for Self-Care. Canton, OH. October 6, 2005

“Integrative Approach to Assessing and Treating Chronic Pain.” Lecture. (Invited) Clinical Applications for Integrative Medicine: Prevea Clinic Conference. Green Bay, WI. October 2, 2004.

“Having Difficult Conversations in End of Life Care.” Lecture/workshop. (Invited) End of Life Nursing Education Consortium. Madison, WI. September 23, 24, 2004.

“Delirium, Near Death Awareness, and Terminal Restlessness in End of Life Care.” Lecture. (Invited) Wausau Hospital Primary Care Symposium. Wausau, WI. September 10, 2004.

“Practical Application of an Integrative Approach.” Panel presentation. (invited) Pathways to Health and Healing: Implementing an Integrative Approach. Madison, WI. April 22-23, 2004.

“Pain: You Can Handle It!” Plenary Presentation. (Invited) Medistar Nursing Home Conference. February 3, 2004, Brookfield, WI and February 17, 2004 in Madison, WI.

“Satisfaction as a Physician and the Quality of Relationships.” Plenary and workshop. From Dissatisfaction to Action: A Conference to Improve the Professional Satisfaction and Effectiveness of Physicians. Wisconsin Medical Society, November 7-8, 2003, Green Lake, WI.

“Action or Dissatisfaction: What Determines our Satisfaction as Family Physicians?” (Plenary presentation) (Invited) Presented with John Beasley, MD. 54<sup>th</sup> Annual Scientific Assembly and the 2002 Wisconsin Primary Care Research Forum. Wisconsin Dells, WI, October 25, 2002.

“Collection Technique and the Quality of Pap Smears.” (Research presentation) Wisconsin Primary Care Research Forum. Waukesha, WI, June 7-8, 2001.

“Pap Smear: Today and Tomorrow.” Original research presentation and seminar. North Central Meeting of the Society of Teachers of Family Medicine on Women’s Health. Madison, WI, October 27-28, 2000. Presented with Maureen Van Dinter, MS, CPNP, FNPC, Sonia Chadha, BS, Wendy Dingel, BS, Marion Mundt, MA, MS and Tom Scheberl, SCT (ASCP).

“Qualitative Research Methods.” (Workshop) Wisconsin Primary Care Research Forum. Waukesha, WI, June 8-11, 2000.

“Assessment of Dane County Clinician Pap Smear Collection Techniques and the Effect on Inflammatory Pap Results.” (Research presentation) Presented with Wendy Dingel, BS., Wisconsin Primary Care Research Forum. Wisconsin Dells, WI, October 29-30, 1999.

“Continuing the Religion/Medicine Dialogue.” Invited Speaker on panel including Larry Dossey, MD and Barbara Dossey, RN. “A Pill or Prayer: The Evolving Dialogue Between Religion and Medicine” Faith and Health Initiative of Madison. Madison, WI, May 13, 1999.

“Qualitative Research Methods: What Works in the Primary Care Setting.” (Workshop) Wisconsin Primary Care Research Forum. Presented with B. Clair Eliason, MD and Vickie Marie Cloutier, MS2., Appleton, WI, October 30-31, 1998.

“Evaluation of a Brief Intervention in Decreasing Inflammatory Pap Smear Results.” (Research presentation) Wisconsin Primary Care Research Forum. Presented with Wendy Dingel, BS., October 30-31, 1998.

“Factors that Influence Patients’ Completion of Advance Directives.” (Research presentation) Wisconsin Primary Care Research Forum. Appleton, WI, October 30-31, 1998. Presented with Vickie Marie Cloutier, MS2.

“Qualitative or Quantitative? Examining Two Studies on the Same Topic Using Different Research Methodologies.” (Workshop) Wisconsin Primary Care Research Forum, Appleton, WI. October 24-25, 1997. Presented with Ken Kushner, PhD and Dennis Butler, PhD.

“Infant Feeding Practices: Understanding the Decision-making Process: A Case Study of Qualitative Research in an Office Practice.” (Workshop) Wisconsin Primary Care Research Forum. Wausau, WI, October 25-26, 1996 (Invited)

“Quality Patient Education Resources: Where Are They?” (Presentation) Connecticut Academy of Family Physicians 39<sup>th</sup> Annual Scientific Symposium, Waterbury, CT, November 1990.

“The Joys and Challenges of a Family Medicine Residency Program in the Inner City.” (Seminar presentation) STFM Northeast Regional Conference, New York City, NY, October 1990.

### **Local Presentations:**

“Introduction to Osher Center and Clinic for Integrative Medicine at University of WA. BRIDG (Building Research across Interdisciplinary Gaps) Post Doc Research Scholars Seminar Series. University of WA School of Nursing for interdisciplinary researchers. University of WA School of Nursing. Presentation of my research. Seattle, WA. Presentation at retreat. January 18, 2019.

“UW Osher Center and Clinic for Integrative Medicine.” And “Clinician Resiliency.” Cha Chi Ming Integrative Medicine Lectureship and Osher Center at UW Seminar -2018. Ivar’s Restaurant, Seattle, WA. November 26, 2018.

“Suffering in Advance Cancer: a RCT of a Narrative Intervention.” BRIDG (Building Research across Interdisciplinary Gaps) Post Doc Research Scholars Seminar Series. University of WA School of Nursing for interdisciplinary researchers. University of WA School of Nursing. Presentation of my research. Seattle, WA. November 15, 2018.

“Communicating: What Really Matters?” co-presented with Philip Myers, ARNP. ELNEC: End of Life Nursing Education Consortium Invited Workshop for Nurses at UWMC. Seattle, WA. October 31, 2018.

Journal club presentation on article regarding emotional self-care in relationship centered care. University of WA/ Cambia Center of Excellence in Palliative Care Rounds Program. Seattle, WA. September 6, 2017.

“Communicating: What Really Matters?” ELNEC: End of Life Nursing Education Consortium Invited Workshop for Nurses at UWMC. Seattle, WA. May 17, 2017.

“Update on Advance Directives and Advance Care Planning at UWMC and UW Medicine.” Presented with J Raetz, MD and Blair Mills. UW DFM Forum, Seattle, WA. April 12, 2017.

“Intro to Palliative Care Nursing”. ELNEC: End of Life Nursing Education Consortium Invited Workshop for Nurses at UWMC. Seattle, WA. May 1, 2015 and October 30, 2015. May 20, 2016.

UW Medicine Palliative Care conferences: Journal Club presentation on Voluntary Stopping of Eating and Drinking.” Harborview Medical Center, Seattle, WA. October 13, 2015.

“Existential suffering in advance cancer: the buffering effects of narrative.” Poster. University of Washington Department of Family Medicine Annual Fair. April 8, 2015.

“Conveying Hope in Challenging Situations in our Personal and Professional Lives.” University of WA Faculty Wellness Workshops. Seattle, WA. March 30, 2015.

“Conveying Hope in Tough Situations.” University of Washington Department of Family Medicine Grand Rounds. Seattle, WA. January 7, 2015.

“The Healing Power of Hope: in ourselves and our patients.” Invited. Keynote address. First University of WI Gold Humanism Honor Society CARE: cultivating authenticity, reflection, and empathy in medicine Conference. Madison, WI. March 1, 2014.

“Integrative Cancer Care and Palliative Care in Cancer Care.” Madison Leukemia, Lymphoma and Myeloma Support Group, UW West Clinic, Middleton, WI. January 21, 2014.

“Hospice Myth Busters.” Panel presentations. Gilda’s Club of Madison. Middleton, WI. October 3, 2013.

“Palliative Care in Advanced Complex Illness.” Grand rounds. St. Mary’s Hospital. Madison, WI. September 5, 2013.

“Integrative Medicine in Palliative Care.” Palliative Care Course for University of WI Hospital nursing and health professional staff. Regional WI health center staff. UW Hospital and Clinics, Madison, WI. April 8, 2013.

“Palliative Care.” Pharmacy Rounds. St Mary’s Hospital, Madison, WI. June 12, 2012.

“Integrative Medicine in Palliative Care.” Palliative Care Course for University of WI Hospital nursing and health professional staff. Regional WI health center staff also invited. March 26, 2012.

“Hope and Healing.” Lecture presentation and discussion. Invited. Also participated in “Ask the Doctor Panel”. Well Expo. Madison, WI. January 28, 2012.

“Sharing the Palliative Care Journey.” Speaker with Addie Gasper, NP. Presentation and discussion. Madison Area Chaplains meeting. Madison, WI. November 30, 2011.

“Integrative Medicine in Palliative Care.” Palliative Care Course for University of WI Hospital nursing and health professional staff. Regional WI health center staff also invited. September 28, 2011.

“Dilemmas in Prognosis.” Panel discussion after Grand Rounds with Diane Meier, MD. Participants in panel included Diane Meier, MD, Kris Catrine, MD, Michael Panicola, PhD, and Bill Rock, MD with me as presenter and moderator. St. Mary’s Hospital, Madison, WI. September 21, 2011.

“The healing power of hope.” Journal Club presentation. HospiceCare, Inc. Madison, WI. June 15, 2011.

Collage Workshop. At the Threshold: Weaving our Stories. One day workshop. Art at the Threshold. Goodman Community Center, Madison, WI. March 12, 2011.

“The Healing Power of Hope.” Presentation to the Madison Leukemia and Lymphoma Society Support Group. March 14, 2011.

“Integrative Medicine in Palliative Care.” Palliative Care Course for University of WI Hospital nursing and health professional staff. Regional WI health center staff also invited. March 14, 2011.

“Narrative Medicine: cancer stories.” Gilda’s Club of Madison. Madison, WI. August 8, 2010.

“Integrative Cancer Care.” Leukemia and Lymphoma Family Support Group. Madison, WI. May 11, 2010.

“The Power of Hope.” Gilda’s Club of Madison. Madison, WI. May 5, 2010.

“Integrative Medicine.” Gilda’s Club of Madison. Madison, WI. January 20, 2010.

“Pediatric Integrative Oncology Care.” Peds Hematology/Oncology Advisory Group Meeting. University of WI American Family Children’s Hospital. Madison, WI. January 19, 2010.

“Integrative Medicine: a group conversation.” Public integrative medicine retreat. University of Wisconsin Integrative Medicine staff. Christine Center. Willard, WI. October 1-4, 2009.

“Integrative Medicine in Palliative Care.” Palliative Care Course for University of WI Hospital nursing and health professional staff. Regional WI health center staff also invited. September 23, 2009.

“Genetic vulnerability and prevention of cancer: an integrative approach.” Presentation to FORCE support group (patients with genetic vulnerability for breast cancer. Waukesha Memorial Hospital, Waukesha, WI. May 4, 2009.

“The life and cancer journey of Chris Leibner.” Presentation with Cindy Leibner (his wife). Presented to staff and volunteers at Kettle Moraine High School. Wales, WI. April 28, 2009.

“Integrative Cancer Care.” Young Women’s Cancer Support Group. Lecture/discussion. Stillwaters Cancer Resource Center, Waukesha, WI. April 20, 2009.

“Centering and Taichi for health and healing.” Presented 1 session of Taichi and 1 on centering. Prohealth Annual Women’s Retreat. Okauchee, WI. April 17, 2009.

“Integrative Cancer Care.” Stillwaters Cancer Support Center. Breast cancer support group. Lecture/discussion. Waukesha Memorial Hospital, Waukesha, WI. March 16, 2009



“Integrative Cancer Care.” University of WI Integrative Medicine Grand Rounds. Madison, WI. Lecture/ discussion. March 4, 2009.

“Online Narrative Interventions for Aging Cancer Patients: a Feasibility Study.” Poster. Presented with Meg Wise PhD. University of WI Paul P Carbone Comprehensive Cancer Center Research Retreat. January 24, 2009.

“Care for Mind, Body, Spirit: Integrative Medicine in End of Life Care. Public lecture/ Discussion. Invited. Angel’s Grace Hospice, ProHealth Care. Oconomowoc, WI. December 9, 2008.

“Integrative Cancer Care.” Public lecture/discussion. Invited. Gilda’s Club of Madison. Middleton, WI. December 4, 2008.

“Integrative Oncology Care.” Public lecture/discussion. Invited Myeloma Support Group. Madison, WI. September 16, 2008

“Nutrition, Herbs and Supplements in Cancer Care.” Public lecture/discussion. Invited. ProHealth Regional Cancer Center, Oconomowoc Memorial Hospital, Oconomowoc, WI. September 9, 2008.

“Wellness: Nutrition, Supplements, and Exercise.” Invited lecture including Tai Chi. HospiceCare.Inc. Madison, WI. August 6, 2008.

“Integrative Oncology Care: Creating the Optimal Healing Experience.” ProHealth All Staff Conference/ Grand Rounds. Waukesha Memorial Hospital, Waukesha, WI. August 5, 2008.

“Nutrition, Herbs and Supplements in Cancer Care.” Public lecture/discussion. Invited. Waukesha Memorial Hospital, Waukesha, WI. May 13, 2008.

“Exploring Creative Collaboration in Healing and Wellness.” Program with Bluestones (see below) and facilitator of a panel of artists/ health professionals. Overture Center, Madison, WI. May 9, 2008.

“Creativity and Health.” Invited co-presenter with Robert (musician) and Rebecca (tapestry weaver artist) Bluestone “Woven Harmony: Creativity and Health.” And Nancy Selfridge, MD. Overture Center. Madison WI. May 7, 2008.

“Integrative Cancer Care: Nutrition, Supplements and Botanicals.” Lecture/discussion to hospital dieticians. Waukesha Memorial Hospital, WI. April 29, 2008.

“Integrative Cancer Care: Nutrition, Supplements and Botanicals.” Lecture/discussion. Waukesha Memorial Hospital and Oconomowoc Memorial Hospital at ProHealth.. March 4, 11, 18, 2008.

“Creating Optimal Healing Experiences.” Lecture/discussion. Waukesha Memorial Hospital and Oconomowoc Memorial Hospital at ProHealth.. February 11, February 19, February 25, 2008. Webcast URL below.  
<http://prohealth.mediasite.com/prohealth/Viewer?peid=fd6db839-6dfe-4f4d-982c-df6f33c4b1b3>

“Medical Professionals as Caregivers: Maintaining Professional and Personal Wellness.” Invited Lecture. Presented with Philip Lomas, MD. Meriter Wellness Committee Lecture Series. Meriter Hospital, Madison, WI. February 12, 2008.

“Nutrition in Cancer Care.” And “Nutrition and Autism.” Lecture/discussion. Invited. Whole Foods Market Nutrition Series. Madison, WI. October 6, 2007.

“Integrative Medicine: Health and Healing Practices for You and Your Patients.” Lecture/discussion. (invited) American Association of Medical Assistants. Local chapter annual meeting. East Madison Dean Clinic. Madison, WI. September 15, 2007.

“Integrative Medicine: Health and Healing Practices for You and Your Patients.” Lecture/discussion/in-service. (invited) Nursing staff at University of WI Paul P Carbone Comprehensive Cancer Center. Madison, WI. August 1 and 2, 2007.

“At the Crossroads: Integrative and Palliative Medicine.” Lecture/discussion. (invited) Palliative Care Course for nursing staff working on new Palliative Inpatient Service. University of WI Hospital and Clinics, Madison, WI. August 28, 2007.

“Integrative pediatric care.” Psychosocial faculty and clinician rounds. Lecture/discussion. (invited) University of WI Children’s Hospital. May 2, 2007

“Integrative Cancer Care.” Visioning Retreat for Integrative Cancer Center. Waukesha Memorial Hospital Regional Cancer Center. Waukesha, WI. February 5, 2007. (Invited consultant)

“Integrative Cancer Care.” Lecture/discussion. (invited) Young Women with Cancer Support Group, University of WI Comprehensive Cancer Center. Madison, WI November 2, 2006.

“Integrative Cancer Care.” Lecture/discussion. (Invited) Head and Neck Cancer Support Group, University of WI Comprehensive Cancer Center. Madison, WI November 1, 2006.

“Surviving and Thriving.” Featured speaker and panel moderator. (Invited) Cancer Hope, Cancer Health Week Evening of Integrative Medicine. University of WI Comprehensive Cancer Center. Madison, WI May 10, 2006.

“Whole Person Cancer Care: Mind, Body and Spirit. Cancer and Wellness Presentation Series. Lecture and discussion. (Invited) Group Health Cooperative. Madison, WI. April 26, 2006.

“Integrative Cancer Care.” Lecture/discussion (invited). Wellness Camp for Young Women with Breast Cancer. Wisconsin Women’s Health Foundation. Madison, WI. March 4, 2006, April 7, 2006, September 30, 2006.

“At the Crossroads: Integrative and Palliative Medicine.” Lecture (invited). University of WI Hospital and Clinics Palliative Medicine Case Conference. Madison, WI. March 1, 2006.

“Integrative Medicine in Cancer Care.” Lecture (invited). Leukemia and Lymphoma Support Group, Madison, WI. February 14, 2006.

“Integrative Oncology Care.” Lecture and interview. (invited) Co-presenter Patricia Pesante, RN, BSN. Outward Experience: 8<sup>th</sup> Annual Cancer Residency for Spiritual Caregivers. Madison, WI. January 13, 2006.

“Integrative Oncology Care.” Lecture (invited). University of WI Oncology Grand Rounds. UW Comprehensive Cancer Center. Madison, WI. January 4, 2006.

“Pain Management: You Can Handle It!” (Invited) Lecture. Attic Angels Long Term Care Facility. Madison, WI. November 15, 2005.

“Advance Care Planning.” (Invited) Panel member. People’s United Methodist Church. Oregon, WI. September 18, 2005.

“Life after Chemotherapy: Empowering positive action” (Invited) Presentation with David Rakel, MD. Cancer Hope, Cancer Health Week. UW Comprehensive Cancer Center. Madison, WI. May 11, 2005.

“Integrative Cancer Care.” (Invited) Lecture. University of WI Comprehensive Cancer Advisory Board, Fluno Center, Madison, WI. April 22, 2005.

“Communication in Palliative Medicine.” (Invited) Lecture. Palliative Medicine CME Conference. Meriter Hospital, Madison, WI. October 28, 2004.

“Creating a Higher Standard in Palliative Medicine.” Presentation to Administrative Council, St. Mary’s Hospital and Medical Center. Madison, WI. September 28, 2004.

“Visioning and Creating Healing Relationships.” Invited and featured workshop presenter. Twentieth Mother Earth Festival Retreat. Dodgeville, WI. September 3-6, 2004.

“Integrative Care: Healing More than Cancer.” (invited) Moderator and panel presenter. Cancer Hope, Cancer Health Week. UW Comprehensive Cancer Center. Madison, WI. May 18, 2004.

“Mystery and End of Life Care.” Panel speaker with Rachel Remen, MD, David Rakel, MD, Jerry Mosser, MA, PhD, Jay Couser, MD. The Eight Annual HospiceCare, Inc. End of Life Forum. September 24-25, 2003.

“Collage: A Tool for Self-expression, Healing and Growth.” (Workshop) HospiceCare, Inc. Madison, WI. August 15, 2003

“End-of-Life Care: When to Focus on Palliative Care and Refer to Hospice” (Case Presentations) Primary Care Grand Rounds. St. Marys Hospital and UW Department of Family Medicine. Presented with Melissa Stiles, MD, Beth Potter, MD, William Rock, MD, Kay Heggstad, MD. Madison, WI, June 4, 2003.

“Providing End-of-Life Care in the Community.” (Case presentation and discussion) Elder Care of Dane County, Madison, WI, May 13, 2003.

“Recognition and Treatment of Inpatient and End-of-Life Delirium and Near Death Awareness.” Primary Care Grand Rounds, St. Marys Hospital and UW Department of Family Medicine. Presented with Melissa Stiles, MD and Pamela Moehring, Madison, WI, May 7, 2003.

“Determining When Patients with Chronic Illness are Dying: Lung and Heart Disease and Dementia. Primary Care Grand Rounds. St. Marys Hospital and UW Department of Family Medicine, Madison, WI, January 30, 2003.

“Action or Dissatisfaction: What Determines our Satisfaction as Family Physicians?” Wisconsin Academy of Family Physicians South Central Chapter Meeting, December 10, 2002.

“Prognostication and Hospice Care.” Primary Care Grand Rounds. Presented with William Rock, MD, Tina Lahaise, RN, Terry Miller, RN. St. Marys Hospital and UW Department of Family Medicine, Madison, WI, November 13, 2002.

“Assessing Clinician and Patient Variables that Affect the Quality of Conventional Pap Smears and Inflammatory Results.” Primary Care Grand Rounds. St. Marys Hospital and UW Department of Family Medicine, Madison, WI, October 24, 2001. This presentation was also given at the Dane County Cytology Center, Madison, WI and the Wisconsin State Lab of Hygiene, Madison, WI, August 21, 2001.

“Using our Inner Resources in Coping with Chronic Illness and Healing Into Our Whole Selves.” Presented with Louise Latterell, MD. Community lecture for patients and families affected by arthritis and fibromyalgia. UW Health-Research Park Clinic, Madison, WI, May 24, 2001.

“Advance Directives and Spirituality.” (Presentation/workshop) Plato Group: Retired UW Professors, Madison Senior Center, Madison, WI, April 9, 2001.

“End-of-Life Care.” (Panel presentation) End-of-Life Care Conference, St. Marys Hospital, Madison, WI, February 6, 2001.

“Pap Smears: Collection Techniques and Management by Dane County Clinicians: Presentation of Research.” Presentation to the University of Wisconsin State Cytology Lab, Madison, WI, January 6, 2000.

“Managing Asthma in a Family Practice Clinic.” (Workshop) Presented with Jo Ann Wagner-Novak, RN, MSN, CPNP. University of Wisconsin Medical School Conference on Childhood Asthma for the Primary Care Provider, Madison, WI, June 4, 1999. (Invited)

“Family Communication in Palliative Care.” (Seminar) University of Wisconsin Pain and Palliative Care Conference, Madison, WI, August 25, 1998.

“Family Conference Research: Example of Multi-method Research.” Presentation with Ken Kushner, PhD. Multi-disciplinary Qualitative Research in Health Care Conference. University of Wisconsin, Madison, WI, October 24, 1996.

“Consulting Physician.” Presented with Ron Diamond, MD. Medical Illness that presents as psychiatric disorders series. Sponsored by Mental Health Center of Dane County, Inc. and UW Department of Psychiatry. Presented to mental health workers and lay public in Dane County, Madison, WI, March 15, 1996.

“How Psychiatrists Can Better Work and Collaborate with Primary Care Physicians.” (Workshop panelist) Wisconsin Psychiatric Association Meeting, Madison, WI, February 2-3, 1996.

“Current Issues in Dane County: Medical Practices and their Impact.” (Presentation) “EMT Impact.” Co-facilitator of panel discussion. “Grief and Loss: Personal and Professional Aspects.” Co-facilitator of a workshop: “Death and Dying in EMS Practice Conference,” Madison, WI, November 4, 1995.

“Prevention of Unplanned Teenage Pregnancy.” (Presentation) Controversies in Family Medicine Series/Conference. “Prevention Screening and Health Maintenance in Primary Care: Where Are We in 1994?” Madison, WI, May 1994.

“Well Child Care,” Belleville Community Health Improvement Project Lecture Series, Belleville, WI, March 1993.

“The Basics of Breast feeding.” (Grand Rounds presentation) St. Francis Hospital and Medical Center, Hartford, CT, June 1990.

“Patient Education and the Doctor-Patient Relationship.” (Grand Rounds presentation) St. Francis Hospital and Medical Center, Hartford, CT, December 1989.

“Wheezing in Children.” (Grand Rounds presentation) St. Francis Hospital and Medical Center, Hartford, CT, February 1989.

**St Mary’s Hospital Educational Presentations, Madison, WI as medical director of inpatient palliative care service.**

“Basics of Palliative Care.” Program for St Mary’s Hospital Rehabilitation Department. April 2, 2012.

“Palliative Care Case Study: Pain Management.” Bag lunch presentations to hospital staff. February 21, 2012`

“Understanding Palliative Care.” Presentation to Honorary Medical Staff, February 17, 2012.

“Palliative Care Case Study: family dynamics.” Bag lunch presentations to hospital staff. January 17, 2012`

“Palliative Care and the new palliative care inpatient service.” Brown Bag lunch presentations to hospital staff. July 1, 2011.

“Palliative Care and the new palliative care inpatient service.” Brown Bag lunch presentation to care management staff. August, 2011.

**Media Presentations:**

“Integrative Breast Cancer Care.” Channel 3 interview, September 18, 2008.

“Integrative Cancer Care.” 5pm News with Carleen Wilde. NBC 15, Madison, WI. February 5, 2008.

“Integrative Oncology Care.” *Reach MD*, XM Satellite Radio 157, November 29, 2007.

“Facing Death.” *All Things Considered*. National Public Radio. September 5, 2004.

“Spirituality.” Series on Longevity Code by Dr. Zorba Paster, MD, on his TV show, “A Doctor on Call,” Channel 3, Madison, WI. 2001.

**University of Washington Palliative Care Fellowship Teaching, Seattle, WA**

“Resiliency, Compassion and Hope: nurturing our innate qualities through contemplative practices.” April 4, 2017; May 1, 2018, April 2, 2019. Faculty on UWMC PC service as attending for PC and Geriatric fellows.

**Webinars and Presentations for University of WA/Cambia Graduate Certificate Program in Palliative Care.** (national interdisciplinary clinicians in training to provide primary and secondary palliative care. 9 month program. In person and online.

“Resiliency and Self Care.” Webinar. December 2018, 2017, 2016.

**Resident Seminar Series: University of Washington Family Residency Program, Seattle, WA**

“Suffering in advanced cancer: A randomized control trial of an online narrative intervention.” Presentation of my research trajectory in mixed methods and the details of this RTC. Presented to UW DFM Residents on April 17, 2019.

“Working with challenging situations, emotions and grief in palliative care.” Workshop. 8 first year residents. Presenters: Tracy Ng, SW and Lucille Marchand, MD with UWMC PC program and UW DFM Section of PC, and Valerie Ross, MS. February 2, 2016.

“The Healing Power of Hope: the art and science.” Residency workshop for all levels of residents. October 29, 2014.

**MEDEX (Physician Assistant Program) Seminar Series: University of Washington Department of Family Medicine, Seattle, WA**

“Integrative Palliative Care.” Workshop co-presented with Tonda Anderson, PA. October 17, 2019.

“Introduction to Palliative Care including Communication and Symptom Management.” Workshop co-presented with Tonda Anderson, PA. November 29, 2018.

“Introduction to Palliative Care including Communication and Symptom Management.” Workshop. November 22, 2016; November 27, 2017.

“Delivering Bad News: Communication workshop” Workshop. September 29, 2016.

“Introduction to Palliative Care including Communication and Symptom Management.” November 17, 2015.

“Introduction to Palliative Care including Communication and Symptom Management.” Co-presenter: Tonda Anderson, PA-C. November 17, 2014.

**Medical Student Teaching at the University of Washington School of Medicine, Seattle**

Chronic Care Clerkship for 4<sup>th</sup> year medical students; Palliative care and communication sessions and small group discussion leader: 2014, 2015; 2016; 2017; 2018. (2018 is final year of this clerkship)

Life Cycle course for 2<sup>nd</sup> year medical students: palliative care and communication small group leader: December 8,9, 2016.

**Healer’s Art Medical Student Elective Course: University of WA School of Medicine, Seattle. Co-director and large and small group facilitator. 2017, 2019. (Interprofessional offering starting in 2019)**

**Resident Seminar Series: University of WI Family Residency Program, Madison, WI**

“Introduction to Palliative Care.” Seminar for first year residents. August 22, 2013.

“Death Pronouncements and Coping with the Dying of our Patients.” First year resident orientation workshop. Presented with Ken Kushner, PhD., Senior residents Dr Jensina Carlson and DR. Elizabeth Fleming,. June , 2013.

“Outpatient Palliative Care.” Seminar for senior FM residents. January 9, 2013.

“Introduction to Inpatient Palliative Care.” First year resident seminar. September 6, 2012.

“Death Pronouncements and Coping with the Dying of our Patients.” First year resident orientation workshop. Presented with Ken Kushner, PhD,. June 19, 2012.

“End of Life Medications.” Seminar for senior FM residents. October 12, 2011.

“Death Pronouncements and Coping with the Dying of our Patients.” First year resident orientation workshop. Presented with Ken Kushner, PhD, David Beckman, MD and Ronni Hayon, MD. June 21, 2011.

“Palliative Medicine.” Senior resident seminar. January 12, 2011..

“Death Pronouncements and Coping with the Dying of our Patients.” First year resident orientation workshop. Presented with Ken Kushner, PhD, Anne Kolan, MD and Meagan Combs, MD. June 24, 2010.

“Palliative Medicine.” Senior resident seminar. October 7, 2009.

“Death Pronouncements and Coping with the Dying of our Patients.” First year resident orientation workshop. Presented with Ken Kushner, PhD. June 24, 2009.

“Integrative Palliative Medicine.” Senior resident seminar. January 14, 2009.

“Death Pronouncements and Coping with the Dying of our Patients.” First year resident orientation workshop. Presented with Ken Kushner, PhD, and Leila Midelfort, MD. June 19, 2008.

“The Healer’s Art.” May 7, 2008.

“Hospice Care, Communication and Advance Directives.” Presented with Kristen Lerberg, MD. October 10, 2007.

“Death Pronouncements and Coping with the Dying of our Patients.” First year resident orientation workshop. Presented with Ken Kushner, PhD, and Elizabeth Couchene, MD. June 21, 2007.

“Palliative Medicine.” January 17, 2007.

“How to Survive a Death Pronouncement.” Presented with Ken Kushner, PhD. July 6, 2006.

“The Healer’s Art.” Presented with Malynn Utzinger, MD, MA. May 10, 2006.

“Hospice Theme Day: Prognostication, Hospice Care, and End of Life Communication.” October 26, 2005.

“How to Survive and Death Pronouncement.” Workshop. Presented with Ken Kushner. June 2006.

“Palliative Medicine and Communicating about Advance Directives.” Belleville Clinic Resident Seminar. May 18, 2005.

“Palliative Medicine.” February 2 and 16, 2005.

“How to Survive a Death Pronouncement.” Presented with Ken Kushner, PhD, John Basarich, MD, Luke Fortney, MD, Ildi Martonfly, MD. July 1, 2004.

“Pain Assessment and Management.” Presented with Randy Brown, MD. May 27, 2004.

“Prognostication and Referring to Hospice at End of Life.” Presented with John Basarich, MD. October 29, 2003.

“How to Survive a Death Pronouncement.” Presented with Ken Kushner, PhD, Steve Soneral, MD, John Basarich, MD, Rian Podein, MD, Rachel Nosce, MD, July 3, 2003.

“Palliative Care.” February 19, 2003.

“Bereavement in Children.” Co-presented with Louis Leavitt, MD, September 11, 2002.

“How to Survive a Death Pronouncement.” Presented with Ken Kushner, PhD, Madeleine Tully, MD, Stuart Hannah, MD, July 18, 2002.

“Solution Focused Brief Therapy Techniques for Family Medicine.” Presented with Ken Kushner, PhD, January 16, 2002.

“How to Survive a Death Pronouncement.” Presented with Ken Kushner, PhD, Katie Miller, MD, Marc Beamsley, MD, Joe Mattern, MD, Madeleine Tully, MD, July 12, 2001.

“Hospice Care.” Presented with Hospice nurse, social worker and chaplain, January 3, 2001.

“Bereavement.” Presented with Faith Lerner, MSW, September 13, 2000.

“Palliative Care.” September 6, 2000.

“How to Survive a Death Pronouncement.” Presented with Ken Kushner, PhD, Monica Vohmann, MD (R-3), Allison Miller, MD (R-2), Tara Dall, MD (R-3), July 6, 2000.

“Strategies for Using New Drugs.” Presented with Paul Smith, MD, Dick Anstett, MD, May 31, 2000.

“Family Conferences.” Presented with Ken Kushner, PhD, May 3, 2000.

“Asthma.” Presented with Joanne Wagner-Novak, NP, March 30, 2000.

“Advance Directives.” Presented with Maggie Schutz, FNP, February 9, 2000.

“Breast feeding.” Presented with Maggie Schutz, FNP, February 3, 2000.

“Solution Focused Therapy Techniques for Family Medicine.” Presented with Ken Kushner, PhD, January 12, 2000.

“Toddler Well Child Care.” Presented with Maureen Van Dinter, NP, August 19, 1999.

“Allergic Diseases.” July 21, 1999.

“How to Survive Death Pronouncements.” Presented with Ken Kushner, PhD, July 1, 1999.

“Asthma.” Presented with Joanne Wagner-Novak, NP, April 1, 1999.

“Bereavement.” Presented with Faith Lerner, MSW, February 17, 1999.

“Breast feeding .” Presented with Maggie Schutz, FNP, February 4, 1999.

“Hospice Care.” Presented with Hospice Care, Inc. staff, January 20, 1999.

“Brief Solution-focused Therapy.” Presented with Ken Kushner, PhD, October 14, 1998.

“Palliative Care.” September 9, 1998.

“Toddler Well Child Care.” Presented with Maureen Van Dinter, NP, August 27, 1998.

“Staffing and Coding.” Presented with Jim Davis, MD, Jim Berg, CPA, July 16, 1998.

“How to Survive Death Pronouncements.” Presented with Ken Kushner, PhD, Doug Spence, MD (R-3), Peter Schill, MD (R-3), Beth Potter, MD (R-3), July 9, 1998.

“Stories of Caring.” April 29, 1998.

“Asthma.” Presented with Joanne Wagner-Novak, NP, April 2, 1998.

“Preventive Health Care in the Elderly.” March 25, 1998.

“Advance Directives.” Presented with Maggie Schutz, NP, February 11, 1998.

“Breast feeding.” Presented with Maggie Schutz, NP, February 8, 1998.

“Toddler Well Child Care.” Presented with Maureen Van Dinter, NP, Joni Dean, NP, September 11, 1997.

“Allergies.” August 27, 1997.

“How to Survive a Death Pronouncement.” Presented with Ken Kushner, PhD, July 10, 1997.

“Staffing/Coding.” July 3, 1997.

“Palliative/Terminal Care.” April 30, 1997.

“Occupational Health.” Presented with James Martin, MD, April 23, 1997.

“Asthma.” Presented with JoAnn Wagner-Novak, NP, Valerie Schend, Pharm.D., April 10, 1997.

“Postpartum Care.” Presented with Maggie Schutz, NP, February 20, 1997.

“Breast feeding.” Presented with Maggie Schutz, NP, February 6, 1997.

“Well Child Care: Toddler.” Presented with Maureen Van Dinter, MS, September 12, 1996.

“Advanced Directives.” Presented with Maggie Schutz, NP, Karen Benson, MSW, September 11, 1996.

“How to Survive a Death Pronouncement.” Presented with Ken Kushner, PhD, August 8, 1996.

“Staffing and Coding.” July 11, 1996.

“Asthma.” Presented with Joann Wagner-Novak, NP, Valerie Schend, Pharm.D., May 23, 1996.

“Allergies.” January 3, 1996.

“Family Conferences.” Presented with Marti Phillips, MSSW, October 5, 1995.

“Geriatrics: Assessment and Prevention of Falls.” Presented with Jane Mahoney, MD, September 27, 1995.

“Toddler/Preschool Child.” Presented with Maureen Van Dinter, MS, August 3, 1995.



“Coding and Billing.” Presented with Kate Templeton, MD, July 20, 1995.

“Death Pronouncements.” Presented with Ken Kushner, PhD, William Rock, MD, July 13, 1995.

“Postpartum Exam.” Presented with Maggie Schutz, FNP, June 15, 1995.

“Asthma.” Presented with JoAnn Wagner-Novak, FNP, June 14, 1995.

“Occupational Overuse Injuries.” Presented with Wayne Webster, MD, June 1, 1995.

“Asthma.” Presented with JoAnn Wagner-Novak, FNP, April 6, 1995.

“Breast feeding.” Presented with Maggie Schutz, FNP, March 23, 1995.

“Common Skin Rashes.” February 9, 1995.

“Family Conference.” Presented with Ken Kushner, PhD, January 11, 1995.

“Dermatologic Procedures.” Presented with David Lonsdorf, MD, October 1994.

“Prevention in Geriatrics.” Presented with Maggie Schutz, FNP, Linda Farley, MD, August 1994.

“Staffing/Coding.” Presented with David Lonsdorf, MD, July 1994.

“Asthma.” Presented with JoAnn Wagner-Novak, FNP, May 1994.

“Asthma.” March 1993.

“Lower Respiratory Infections.” January 1993.

“Occupational Medicine/Overuse Injuries.” June 1993.

“Poisoning and Drug Overdose.” Presented with Mike Fleming, MD, December 1992.

**Presentations in the Department of Family Medicine, University of Wisconsin:**

“A Qualitative Study of Residents’ Perceptions of the Family Conference”, Research Division Seminar, University of Wisconsin, Department of Family Medicine, Presented with Ken Kushner, PhD., September 28, 1995.

“Getting to the Heart of the Family Conference Experience for Residents.” First Tuesday Forum presentation. University of Wisconsin, Department of Family Medicine, Presented with Ken Kushner, PhD., April 4, 1995.

“Smoking Cessation.” Journal Club. Presented with Don Carufel-Wert, MD, February 8, 1995.

**Pediatric Inpatient Lecture Series at St. Marys Hospital, Madison, WI:**

“Nutrition, Breast feeding and Hyperbilirubinemia.” Presented with Maggie Schutz, NP. Given every 7-8 weeks, 1993-1999.

**Inpatient Palliative Care rotation for family medicine residents at St Mary’s Hospital; supervised by Dr Marchand, Medical Director of PC service. 2012-2014.**

**Palliative Care Rounds on Family Practice Service St. Marys Hospital:**

Rounds on palliative care topics and case review; bi-weekly: 2012 -present.

Rounds on pertinent palliative care topics done once monthly. 2003 –2004..

**Presentations – University of Wisconsin Medical School, Madison, WI: Medical Student Teaching:**

Palliative Care Core Day: Death Pronouncement Workshop Leader. February 18, 2005, February 17, 2006, February 23, 2007.

**Healer's Art Medical Student Elective Course. Course director. Large and small group facilitator. Plenary speaker for 3 sessions each year. Fall, 2003, 2004. 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013.**

Death and Dying Workshop: Plenary speaker. "Special Issues in Palliative Care." February 7, 2003. (Invited speaker)

Culture and Medicine. First year Patient, Doctor and Society course workshop. Presented with Jo Scheder, PhD, Anthropology, August 28, 2002.

Integrating Alternative Medicine into Practice: April 21, 1999, April 25, 2000, April 3, 2001, April 9, 2002, April 6, 2004, April 12, 2005, January 31, 2006. May 1, 2007, April 15, 2008, February 3, 2009. January 14, 2014.

Alternative Medicine Case Conference, October 20, 1998.

Giving Bad News. July 2, 1996, July 1, 1997.

Death and Dying Workshop. January 1996, February 9, 2001, February 8, 2002, February 6, 2003, February 6, 2004.

Generalist Partners Preceptorship Small Group Discussion Leader, Fall 1995. Preceptor 1992-2006.

Doctor-Patient Communication Series: Communication Course Director, 2001-present. Third year primary care clerkship. April/May 1997, Sept/Oct 1997, March/April 2001, July/August 2001, July/August 2002 (mentor as well), July/August 2003, March/April 2004 (mentor).

Third year Primary Care Clerkship Preceptor, 1992-2004.

Fourth Year Family Medicine Rural Community Rotation at UW Health Belleville Family Medicine Center; Supervisor and coordinator of month long clinical rotation: 2002, 2003, 2004, 2005.

**Other Health Professional Students:**

"Integrative Oncology Care." Lecture/discussion. Radiation Oncology Technician Students. University of WI Paul Carbone Comprehensive Cancer Center. Madison, WI. September, 2006. September 12, 2007, September 17, 2008.

"Integrative Oncology Care." Lecture/ case discussion. Students and staff working for the Center for Patient Partnerships. University of WI School of Law. July 18, 2007.

"Choosing a Health Career." Invited speaker, Health Careers Camp for high school students sponsored by the Wisconsin Area Health Education Center, Madison, WI, June 18, 2002.

"Reflections on Work and Life in Health Care." Invited plenary speaker, conference for women high school students choosing careers in health care. University of Wisconsin Medical School, Madison, WI, March 9, 2002.

"Spirituality and its Relationship to Your Work in Health Care." Physician assistant lecture/series/workshop, University of Wisconsin, Madison, WI, May 15, 2001.

"Upper Respiratory Infections." Physician Assistant and Pharmacy Seminar, February 1, 1995.

“Case Presentations: Asthma and COPD.” Physician Assistant and Pharm.D. Student Lecture Series, University of Wisconsin, Madison, WI, February 1994.

**RISEN (Reinvesting Spirituality and Ethics in our Networks) Retreat Program for Health Professionals**  
Faculty and Retreat leader (with one co-presenter) for entire workshop.

St Clare Hospital, Baraboo, WI 2003-2006.

St Mary’s Hospital Medical Center, Madison, WI. September 30, October 1, 7, 8, 2002.

Meriter Hospital, Madison, WI. September 19, 20, 26, 27, 2001.

**Curriculum and Program Development and Leadership:**

Curriculum development for behavioral science residency education. Associate coordinator with Ken Kushner, PhD., coordinator. Evaluation of present curriculum, establishment of behavioral science committee, creation of a comprehensive, effective curriculum, teaching and mentoring in that curriculum especially in the areas of death and dying, brief solution focused counseling and family conferences. Participant on ad hoc committee for psychiatry teaching in the residency. I have completed two qualitative research studies with Dr. Kushner on family conferences and implications for residency curriculum development in this area. On the SMH Inpatient Palliative Care service I taught residents experientially about family conferences, communication and narrative medicine, and continue to do so at the University of WA. I have trained in motivational interviewing and Vital Talk © methodology of communication and have taught extensively on this topic.

Palliative Care Residency Curriculum Coordinator at the University of WI for many years. Creation of a Palliative Care Elective. Creation of Hospice Elective. Resident and medical student mentor in end-of-life care. Teacher in the core seminar series on palliative care, grief, end-of-life communication, spirituality. Creation of innovative and very popular first year seminar on death pronouncements which has been replicated nationally which focuses on emotional health, grief, loss, doing a death pronouncement, and coping with end of life issues. Participant in the medical school end-of-life care curriculum. Developed and taught palliative care teaching rounds on St. Marys Family Practice service and UW Family Medicine service. Integration of the humanities in teaching this topic. On-going research in end-of-life topics. I have also written several published poems on this topic that I incorporate into my teaching. Involvement of our residency in the Medical College of Wisconsin/Robert Wood Johnson Foundation project on end-of-life education in post-graduate training programs. Involved needs assessment of faculty and residents, training program for curriculum development, faculty development and residency education programs in this area. Participated in Harvard Medical School Center for Palliative Care: the Program in Palliative Care Education and Practice. Boston, MA. April and November 2011. Initiated a palliative care family medicine residency elective rotation starting July 2012 as Medical Director of SMH inpatient palliative care consultation service. In May 2014, I completed the UCLA Mini-geriatrics fellowship which taught strategies for teaching and practicing geriatric patient care. Since joining faculty at University of Washington Department of Family Medicine, together with Dr Jackie Raetz, have worked on developing a geriatrics and palliative care curriculum in the family medicine residency. With the Society of Teachers of Family Medicine, I developed a palliative care curriculum for national use, by posting my University of WI longitudinal PC curriculum through the Family Medicine Digital Resource Library, have presented this curriculum in a STFM annual conference workshop. In 2015, I was honored to be named the Dr. Stuart J. Farber MD and Annalu Farber Faculty Fellow in Palliative Care Education, and in 2017, the Dr. Stuart J. Farber MD and Annalu Farber Endowed Professor in Palliative Care Education. Since 2017, I have been a part of the WA Department of Health Initiative for developing resources and telehealth series for rural clinicians in palliative care. Through the Osher Center for Integrative Medicine at University of WA and the Osher Collaborative, I am teaching about integrative pain and symptom management which includes nonpharmacological modalities to improve well-being and quality of life.

Pediatric Curriculum Coordinator. Establishment of a very successful pediatric rotation and pediatric seminar series at St. Marys Hospital. Assisted with establishing PALS and NALS courses and certification for our residents. Created with pediatricians, family practitioners, neonatologists, lactation consultants, and residents a new required “Care of the Newborn” rotation at St. Marys Hospital.

Medical Student Curriculum development. Redesign of doctor-patient communication course in third year primary care medical school clerkship. Created and taught an elective clerkship for first and second year medical students using

ethnographic methods in developing listening and observation skills in the doctor patient relationship. Faculty for grant submitted to establish UW Integrative Education Center R25 – not funded. *Healer's Art Medical Student Elective*, pioneered by Dr. Rachel Naomi Remen at the UCSF Medical School, was offered in the fall of 2003 at the UW Medical School. I was the course director of this elective. Grant funding secured. In the first year, taken by 48 medical students with more on waiting list. Evaluations rated it highly successful for **eleven** years, and it will continue be offered every fall. I also secured grant funding from WAFP to start a Healer's Art course at the Medical College of WI in Milwaukee and mentored Art Derse, MD, course director there. Participated in a "Master Teacher" series at the UW Medical School which further prepared me to teach motivational interviewing and evidence-based medicine in the primary care clerkship in the third year of medical school. I am currently faculty in HA course and co-director of the course offered at University of WA School of Medicine, where I continue to be active in teaching palliative care, integrative medicine, resiliency and learner well-being, communication skills, and care of chronically ill in the medical school curriculum.

Incorporation of the humanities in all aspects of medical student and family medicine teaching to deepen the doctor-patient communication skills and compassion they have for patients. I have championed the integration of the humanities in education and clinical practice on a national level through my leadership in special interest groups in the Society of Teachers of Family Medicine and the American Academy of Hospice and Palliative Care. As the chair of the Special Interest Group in the Humanities of AAHPM, I created a four day venue at the annual AAHPM/ APNA conference In New Orleans, LA , January 2005 on spirituality, humanities, and self care. It was highly successful. I was the coordinator for the Healing Space at the 2006 AAHPM Annual Conference in Nashville, TN. I was the editor of the column: The Art of Caring: The Arts and Humanities in Medicine for the AAHPM Quarterly from 2004-2015. I am a collage artist and poet and have offered workshops to national professional groups on the use of collage in medicine and self care, and writing poetry workshops with Jack Coulehan, MD, and Patrick Clary, MD, both noted and published poets in medicine. I have published a number of my poems, and use them in teaching to a variety of audiences. I am a founding member and advisor for the medical literary online magazine called *Pulse*. I have received a number of awards for my poems. I have done numerous workshops using narrative medicine and the 55 Word Story technique in workshops on hope and healing, for patients and clinicians. I have been the chair of the AAHPM Special Interest Group on Humanities and Spirituality in 2005-2006 and current chair for 2015-2016. I have been on the annual AAHPM Service of Remembrance planning committee, co chair of committee in 2013-2014, and presenter at the service for many years. I have been awarded the 2017 AAHPM Humanities Award for my work in humanities and palliative care education, clinical care and education. In 2015, I was honored to be named the Dr. Stuart J. Farber MD and Annalu Farber Faculty Fellow in Palliative Care Education, and in 2017, the Dr. Stuart J. Farber MD and Annalu Farber Endowed Professor in Palliative Care Education. Dr Farber was a visionary in incorporating the humanities and narrative medicine into family medicine and palliative medicine through relationship and patient/family centered care. He was an exemplary family medicine teacher and clinician, and I am honored to continue his work. In May, 2018, I received the Society of Teachers of Family Medicine Gold Humanism Award at the national STFM conference.

I am also deeply committed to incorporating spiritual care into the practice of medicine. I coordinated a spiritual retreat for doctors in our local hospital. I feel all patients should have access to excellent palliative care, grief support and compassionate, integrated and comprehensive health care. My teaching and research efforts are in keeping with this personal and professional mission. In November 2000, I was trained as a RISEN (Re-Investing Spirituality and Ethics in our Networks) Program faculty. I was a participant in this program in 1999, a small group mentor in 2000, and, as faculty for the program, presented in our area hospitals in subsequent years. This is a program for helping health care professionals and administrators enhance a spiritual focus in themselves and apply spirituality and develop community in the workplace and assess and address spiritual needs in patients. I was on a Society of Teacher's of Family Medicine Task Force to establish core competencies for family medicine residency education in spirituality with a resulting publication. The Healer's Art Medical Student Elective Course that I am director of the course which teaches about wholeness, grief and loss, awe and mystery, and care of the soul. This course has been offered every fall since 2003 and continues to be very formative for medical students in establishing an orientation to service, and the appreciation of silence, presence and generous listening for their professional work and personal lives. I stepped down as course director when recruited to the University of Washington in 2014. I continue to be involved in the Healer's Art on a national level and at the University of Washington School of Medicine as co-director since 2017.

I am also interested in relational ethics, integrative medicine, palliative medicine, advance care planning, and communication. I have championed advance care planning in my communities of practice and have also done research in this area. I have been an integrative practitioner in my rural practice for fourteen years. I was a medical director at Hospice Care, Inc. for five years, supervising an integrative, multi-disciplinary health care team. I was trained as a "Cancer Guide"

based on the integrative model of cancer care developed by James Gordon, MD and others in order to better counsel and assist people facing life threatening illness. In November 2002 became board certified in holistic integrative medicine. I am an integrative medicine consultant at the UW Integrative Medicine Clinic. I am a founding member of a “Gilda’s Club” in Madison which is a community center for the support and education of people dealing with cancer, and their family and friends. I also became board certified in palliative care in 2005. In 2006, I began my work as the Clinical Director for UW Integrative Oncology Services at the University of Wisconsin Paul Carbone Comprehensive Cancer Center, seeing patients for integrative and palliative medicine consultations, and coordinating and developing integrative medicine services and programs for cancer patients. I saw mostly adults but do saw some children and their families at the UW Children’s Hospital. In 2006, I received training in a program called Capacitar (To Empower) which teaches participants a wide range of practices for healing and transformation who then teach these practices to patients and health professionals. This program, offered through the Center to Be in Milwaukee, WI, is based on popular education model that is trans-cultural. This program is offered world-wide for healing from trauma. I use these practices in my patient care, and I teach these practices for self care to health professionals who can in turn teach them to the patients they care for. In 2006, I began offering integrative oncology consults at UW Health Oncology/Hematology. In 2008, through a contracted position with Prohealth, I became associate medical director for integrative oncology at the Regional Cancer Center at Waukesha Memorial Hospital, seeing patients in consultation and developing with a multidisciplinary team, an integrative oncology service. I initially proposed a palliative medicine service at St. Mary’s Hospital, our family medicine residency main training hospital, in 2004. This service was created in 2011, and I was appointed the medical director of this service. Plans included developing family residency education in palliative medicine through a required rotation when the consultation service matures. An elective rotation began in July 2012. In the fall of 2013, I was recruited to the University of WA Department of Family Medicine. In September 2014, I started my position as the first departmental section chief of palliative care at the University of Washington, Department of Family Medicine, Seattle, WA, and director of the palliative care service at the University of WA Medical Center. This includes a large multidisciplinary team with plans to expand for full-service outpatient and inpatient palliative care, with an inpatient PC and hospice unit at the UWMC, and outreach to community and university clinicians and all levels of clinical learners including medical students, residents, NP and PA students, PC fellows, etc. This program has received advanced JCAHO certification in 2014 and re-certification up to the present. My responsibilities include leadership and teaching of students, residents, palliative care and geriatric fellows and physician assistant students at the UWa Medical School, about palliative care and communication. I am also on the Strategic Operations Leadership Committee of the Cambia (UW Medicine) Center of Excellence for Palliative Care. In July 2018, I became the executive director for the Osher Center at the University of WA and transitioned from my position as director of palliative care. I continue as section chief of PC in the UW Department of Family Medicine. In 2017, I was awarded the Farber Endowed Professorship in Palliative Care Education.

In 2016, I became a certified KRI© yoga teacher. I continue to teach yoga to professional audiences at conferences and involved in the training of new yoga teachers at Guru Gayatri Yoga Center, Seattle, WA.

At the University of WA Medical Center, I was a founding and current member of the Integrative Health Committee, bringing and coordinating healing modalities into patient care and education of staff and clinicians. I was the leader of an effort to create and secure funding for an integrative medicine center at the UW that would be both local and regional in scope, and focus on integrative medicine clinical care, education and research. Since the summer of 2016, I led an effort to formulate a proposal submitted to the Osher Foundation, to develop an Osher Center for Integrative Medicine at the University of WA in the Department of Family Medicine. In February 2018, we received a 5 million dollar endowment and \$500,000 operations grant to begin our work developing our Osher Center and Clinic for Integrative Medicine. I am currently the executive director of the center. We joined the Osher Collaborative for Integrative Medicine that includes Osher Centers at UCSF, Vanderbilt, Northwestern, University of Miami, Harvard and the Karolinska Institute in Sweden. I oversee the development of our integrative medicine clinic, educational and research programs.

Physician and health professional well-being is a strong interest of mine in keeping with my work in integrative care. I have participated in research in this area with John Beasley, MD and Benzi Karsi, PhD, at the University of Wisconsin, and have been invited to present plenary talks and workshops in this area to national audiences. The Healer’s Art Course for medical students, created by Rachel Naomi Remen, MD, has been offered at the University of Wisconsin Medical School under my course direction for eleven years to outstanding student evaluations (and it continues to be offered to this day.) The elective promotes the well being of medical students and helps them maintain humanistic values, and deal more effectively with grief, loss and uncertainty. I’ve been the co-director of this course at the University of WA School of Medicine since 2015, and we have made it into a interprofessional student course in 2019. My work in the RISEN Program discussed above helps promote

professional well-being as well. As a health professional, I give a great deal of attention to my own physical, emotional, spiritual and professional well being. I was a founding member of a local physician group called "Finding Meaning in Medicine" in Madison, WI, a program created by Dr. Rachel Remen to encourage physicians to gather in study groups to share stories of meaning and value in their work in medicine. I have been invited to give workshops and presentations on physician well being nationally for a number of years including the AAFP Annual Leadership Forum (3 years). I have been on the planning committee and faculty for a physician wellness CME program October 19, 2013. At the University of WA, I continue to be involved in giving workshops on faculty wellness at the university. I belong to the Seattle based Finding Meaning in Medicine group of physicians and founded this group in Madison in 2003. I have been recognized for my work on professional wellness throughout my career. I am regularly asked to present locally, regionally and nationally on clinician wellness and the nurturing of compassion, resiliency, and hope through contemplative practices such as mindfulness, breath work, and self-reflective writing.

My research interests over time have included both qualitative and quantitative research (multi-method) in integrative medicine, doctor-patient communication, ethics, end-of-life care, the use of the humanities in teaching and patient care, and spirituality and health. I was a member of a very successful, multi-disciplinary research team investigating integrative medicine from 1998 to 2011 at the University of Wisconsin, and we were awarded a R01 grant from the NIH Office of Alternative Medicine to assess the role of placebo and the quality of physician-patient interactions and communication, and their effect on recovery from the common cold with Bruce Barrett, MD, PhD as PI. Dr. Barrett and I did a variety of other qualitative studies regarding integrative medicine. I have mentored many medical students in qualitative research. I was a member of the Wisconsin Practice-based Research Network (WReN ) from 1993-2011. I have combined my interests in integrative medicine, palliative care and narrative medicine in cancer research and care. Narrative medicine involves the use of story and life review for therapeutic benefit. I have worked on three projects through the UW Comprehensive Cancer Center with Meg Wise, PhD and one of these with James Cleary, MD, combining qualitative research methods, integrative, palliative and narrative medicine, in patients with advanced cancer. We completed a NIH R21 grant for a randomized controlled trial on narrative medicine including life review interview and online support systems for patients with advanced cancer. Our final research paper showing that life review increases a sense of peace was published in the Journal of Palliative Medicine. We hope to continue this research in collaboration with researchers at the University of Washington. I mentored Heather Coats, PhD in nursing, and T32 Research Fellow through the UW Medicine/Cambria Palliative Care Center of Excellence, who is broadening the scope of life review research to diverse and socioeconomically disadvantaged populations. She is now nursing faculty with full NIH funding for her life review work at the University of CO, Denver.

#### **Other Important Endeavors:**

I am the mother of two children. Sarah age twenty-eight, and Noah age twenty-five. My son Noah is severely autistic and has been a significant challenge. I was his case worker, as well as director of his intensive behavioral therapy for four years (1995-98). Through this experience I have become knowledgeable about autism, child development, parenting a disabled child/person, many alternative treatment modalities and behavioral therapies. I am a passionate advocate for children and adults with disabilities. I served on a national collaborative and work group on how the environment contributes to developmental disabilities in particular and health in general (CHE- Collaborative on Health and the Environment). My challenges as a mother and physician have helped me develop expertise in the area of work/life balance and resilience for health professionals. Noah has needed many integrative interventions, and he has been a very effective and patient teacher for me in mindfulness and thinking outside of the box for him, myself, my patients and my colleagues.

I appreciate being and staying healthy and love most outdoor sports. I sing Kirtan music and aspire to learning to play the harmonium instrument. I enjoy Argentinian tango, cooking, yoga, writing and spending time with my family and friends. In 2016, I became a certified Kundalini Yoga Teacher. I walk my talk of health.

Updated: October 22, 2019

